

# May 2021

Grab and Go meals will include a variety of fresh produce, including fruits and vegetables, and milk. Menu is subject to change.

Menu for all SCUSD schools  
Vegetarian Items: 🌱

Cohort Assignment	Meal Pick-up Days
Cohort A	Curbside meals will be available on Mondays to cover nutritional needs for students during distance learning days. Students will also receive to-go breakfast and lunch on campus on Tuesdays and Wednesdays.
Cohort B	Curbside meals will be available on Mondays to cover nutritional needs for students during distance learning days. Students will also receive to-go breakfast and lunch on campus on Thursdays and Fridays.
Cohort C	Curbside meals will be available on <b>Mondays only</b> to cover nutritional needs during all five distance learning days.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <i>Curbside meal distribution</i> <b>Mondays only</b> <b>11:00 am - 1:00 pm</b> <b>Cohort A, B, C</b> and non-enrolled children who are present in the vehicle. <b>Meals to cover nutritional needs during distance learning days.</b>	<b>4</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: <b>New!</b> Smoked Turkey Breast Stick <b>New!</b> Hard Boiled Eggs 🌱 Danimal Strawberry Smoothie 🌱 Breakfast for next day: Cereal Bowl 🌱 Apple Slices 🌱	<b>5</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: Salami (pork) & Cheesewich Goldfish Pretzels 🌱 Grapes 🌱 Breakfast for next day: BelVita Breakfast Biscuit 🌱 Strawberries 🌱	<b>6</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Yogurt Meal w/Granola 🌱 Naked Berry Juice 🌱 Whole Peach 🌱 Breakfast for next day: Cereal Bowl 🌱 Apple Slices 🌱	<b>7</b> <b>School Lunch Hero Day!</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Chicken Corn dog Cheesestick 🌱 Grapes 🌱 Breakfast for next day: Nutrigrain Bar 🌱 Strawberries 🌱
<b>10</b> <i>Curbside meal distribution</i> <b>Mondays only</b> <b>11:00 am - 1:00 pm</b> <b>Cohort A, B, C</b> and non-enrolled children who are present in the vehicle. <b>Meals to cover nutritional needs during distance learning days.</b>	<b>11</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: <b>New!</b> Sabra Hummus Cup w/ Pita Chips 🌱 <b>New!</b> Hard Boiled Eggs 🌱 Baby Carrots 🌱 Breakfast for next day: Cereal Bowl 🌱 Fruit 🌱	<b>12</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: <b>New!</b> Chicken Caesar Salad Bowl Naked Mighty Mango Juice 🌱 Whole Peach 🌱 Breakfast for next day: BelVita Breakfast Biscuit 🌱 Fruit 🌱	<b>13</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Sunbutter & Grape Sandwich 🌱 Baby Carrots 🌱 Sunchips 🌱 Breakfast for next day: Cereal Bowl 🌱 Fruit 🌱	<b>14</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Turkey & Cheese Sandwich Chex Mix 🌱 Whole Peach 🌱 Breakfast for next day: Nutrigrain Bar 🌱 Fruit 🌱

Families need to show enrollment verification documents to receive curbside meals. Students do not need to be present for parents/guardians to pick up meals.

If you have not received your enrollment verification documents, you may provide Student ID, class schedule, report card, school welcome letter, student ID number, or student first and last name so that food service personnel can verify your student's enrollment status.

Meals will be provided at no cost to enrolled SCUSD or associated charter students. Additionally, free meals will be provided to any child present in the vehicle during curbside distribution that is not enrolled in SCUSD or associated charter school.

Meal distribution models vary by school site. For the most up-to-date information about meal distribution, please visit [www.thecentralkitchen.org](http://www.thecentralkitchen.org).

This month's  
**Blueberries**  
 come from  
**Central Coast**

**Friday, May 7, 2021 is  
 School Lunch Hero Day!**

During the week of May 3-7 we will be celebrating our School Lunch Heroes all week long! Be sure to recognize and celebrate your school lunch heroes for their unwavering commitment to serving meals during this unprecedented time! To date, our SCUSD School Lunch Heroes have served over **10.5 million meals** since COVID-19 closed SCUSD schools in March 2020.

CENTRAL  
KITCHEN



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>17</b> <i>Curbside meal distribution</i> <b>Mondays only</b> <b>11:00 am - 1:00 pm</b> <b>Cohort A, B, C</b> and non-enrolled children who are present in the vehicle. <b>Meals to cover nutritional needs during distance learning days.</b>	<b>18</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: <b>New!</b> Smoked Turkey Breast Stick <b>New!</b> Hard Boiled Eggs Danimal Strawberry Smoothie Blueberries Breakfast for next day: Cereal Bowl Fruit	<b>19</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: Salami (pork) & Cheesewich Cheez-Its Crackers Fruit Breakfast for next day: BelVita Breakfast Biscuit Fruit	<b>20</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Yogurt Meal w/Granola Naked Berry Juice Sunberry Trail Mix Blueberries Breakfast for next day: Cereal Bowl Fruit	<b>21</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: <b>New!</b> Asian Chicken Salad Bowl Cheesestick Fruit Breakfast for next day: Nutrigrain Bar Fruit
<b>24</b> <i>Curbside meal distribution</i> <b>Mondays only</b> <b>11:00 am - 1:00 pm</b> <b>Cohort A, B, C</b> and non-enrolled children who are present in the vehicle. <b>Meals to cover nutritional needs during distance learning days.</b>	<b>25</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: <b>New!</b> Sabra Hummus Cup w/ Pita Chips <b>New!</b> Hard Boiled Eggs Baby Carrots Breakfast for next day: Cereal Bowl Fruit	<b>26</b> <i>Grab and Go meals</i> <b>Cohort A</b> Lunch for today: <b>New!</b> Chicken Caesar Salad Bowl Naked Mighty Mango Juice Blueberries Breakfast for next day: BelVita Breakfast Biscuit Fruit	<b>27</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Sunbutter & Grape Sandwich Baby Carrots Sunchips Breakfast for next day: Cereal Bowl Fruit	<b>28</b> <i>Grab and Go meals</i> <b>Cohort B</b> Lunch for today: Turkey & Cheese Sandwich Chex Mix Blueberries Breakfast for next day: Nutrigrain Bar Fruit  + Curbside meal distribution, since Monday is a holiday. (select sites) <b>11:00 am - 1:00 pm</b> <b>Cohort A, B, C</b> and non-enrolled children who are present in the vehicle. <b>Meals to cover nutritional needs 6/1-6/4.</b>  <b>Memorial day menu will include Miller's hot dogs and Will's potato salad!</b>

### New menu items this month

We will be featuring new items in our *Grab and Go* meals, including new salad bowls and vegetarian options.

We will be offering a variety of new produce at our Monday curbside distribution that will feature fruit and vegetables from First Quailty Produce such as **Cherries, Sweet White Corn, Cucumbers, Bell Peppers**, etc.

*We're now offering curbside meal services (on Mondays) at 63 school sites!*

Abraham Lincoln	Elder Creek	John Sloat	Pony Express
Albert Einstein	Ethel I. Baker	John Still	Rosa Parks
Alice Birney	Ethel Phillips	Kit Carson	Rosemont
A.M. Winn	Fr Keith B. Kenny	Leataata Floyd	Sam Brannan
American Legion	Fern Bacon	Luther Burbank	School of Eng & Sci
Bowling Green	George W. Carver	Mark Twain	Sequoia
Bret Harte	Genevieve Didion	Martin L King	Susan B. Anthony
Caleb Greenwood	Golden Empire	Matsuyama	Sutter
California	H.W. Harkness	New J Bonnheim	Sutterville
Camellia	Hiram Johnson	Nicholas	Tahoe
Caroline Wenzel	Hollywood Park	Oak Ridge	Theodore Judah
C.K. McClatchy	Hubert Bancroft	O.W. Erlwine	Washington
Crocker Riverside	Isador Cohen	Pacific	Will C Wood
David Lubin	James Marshall	Parkway	William Land
Earl Warren	John Bidwell	Peter Burnett	Woodbine
Edward Kemble	John F. Kennedy	Phoebe Hearst	



Nutrition Services  
916-395-5600  
This institution is an equal opportunity provider.



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