

# September 2020

## Menu for all SCUSD schools

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### Required for meal pick up:

\* "Enrollment Verification Letter to Obtain School Meals" - will continue to be emailed, and was directly mailed to families for each enrolled student.

\* Face cloth covering

### Pick up locations (11:00am-12:30pm):

Abraham Lincoln	Hiram Johnson	Pacific
Albert Einstein	Hollywood	Parkway
Bowling Green	Isador Cohen	Peter Burnett
Bret Harte	James Marshall	Rosa Parks
California	John Bidwell	Rosemont
Caroline Wenzel	John Sloat	Sam Brannan
Earl Warren	John Still Elem	Sequoia
Edward Kemble	Kit Carson	Susan B.
Elder Creek	Language Academy	Anthony
Ethel I. Baker	Leataata Floyd	Tahoe
Ethel Phillips	Luther Burbank	Washington
Father K.B. Kenny	Mark Twain	Will C Wood
Fern Bacon	Martin Luther King	William Land
Golden Empire	Nicholas	Woodbine
H.W. Harkness	Oak Ridge	Yav Pern Suab Academy

*First week of school:  
Thursday & Friday*

*After that:  
Every Monday,  
Wednesday & Friday*

Your students love their school meals, and we can't wait to serve their favorites! Like Big Spoon Frozen Sorbet made with 100% real fruit.

Don't forget to pick up curbside on the first day of school!

Pick up Thurs 9-3	Pick up Friday 9-4	
<b>Thursday meals:</b> Golden Graham Cereal Bar ——— " ——— Chicken Chili Crispito, Big Spoon Mango Sorbet	<b>Friday meals:</b> Zee Zee's Blueberry Lemon Bar ——— " ——— Bean & Cheese Burrito	<b>Tuesday meals:</b> Turkey Sausage & Gravy Breakfast Pizza ——— " ——— Chicken Corn Dog

Monday 9-7	Pick up Wednesday 9-9		Pick up Friday 9-11	
HOLIDAY - No Pick Up	<b>Wednesday meals:</b> Whole Grain Cereal ——— " ——— Nacho Meal	<b>Thursday meals:</b> Cheesy Focaccia Bread ——— " ——— Chicken Tenders with Sunchips	<b>Friday meals:</b> Whole Grain Cereal ——— " ——— Bacon Cheeseburger (includes Beef & Pork)	
Pick up Monday 9-14	Pick up Wednesday 9-16		Pick up Friday 9-18	
<b>Monday meals:</b> Whole Grain Cereal ——— " ——— Nachos	<b>Tuesday meals:</b> Turkey Sausage Breakfast Pizza ——— " ——— Chicken Chili Crispito	<b>Wednesday meals:</b> Whole Grain Cereal ——— " ——— Chicken Pasta Alfredo	<b>Thursday meals:</b> Pancake & Sausage (includes Pork) ——— " ——— Bean & Cheese Burrito	<b>Friday meals:</b> Whole Grain Cereal ——— " ——— Carnitas Plate (includes Pork)



Information regarding meal services is changing rapidly. For the most up-to-date information, please visit [www.thecentralkitchen.org/curbside](http://www.thecentralkitchen.org/curbside)

**Serving only to: enrolled SCUSD students, and children enrolled in SCUSD child care programs.**

Pick up Monday 9-21		Pick up Wednesday 9-23		Pick up Friday 9-25
<b>Monday meals:</b> Whole Grain Cereal ——"——— Chicken Teriyaki & Hawaiian Brown Rice	<b>Tuesday meals:</b> Turkey Sausage & Gravy Breakfast Pizza ——"——— Chicken Corn Dog	<b>Wednesday meals:</b> Whole Grain Cereal ——"——— Beef & Pork Pepperoni Pizza	<b>Thursday meals:</b> Cheesy Focaccia Bread ——"——— Chicken Tenders with Sunchips	<b>Friday meals:</b> Whole Grain Cereal ——"——— Bacon Cheeseburger (includes Beef & Pork)
Pick up Monday 9-28		Pick up Wednesday 9-30		Pick up Friday 10-2
<b>Monday meals:</b> Whole Grain Cereal ——"——— Nachos	<b>Tuesday meals:</b> Turkey Sausage Breakfast Pizza ——"——— Chicken Chili Crispito	<b>Wednesday meals:</b> Whole Grain Cereal ——"——— Chicken Pasta Alfredo	<b>Thursday meals:</b> Pancake & Sausage (includes Pork) ——"——— Bean & Cheese Burrito	<b>Friday meals:</b> Whole Grain Cereal ——"——— Carnitas Plate (includes Pork)

### BREAKFASTS INCLUDE

Listed entrée, with juice, raisins, and choice of milk.

### LUNCHES INCLUDE

Listed entrée, with fruit, carrots and choice of milk.

### SECOND-DAY MEALS

Some entrée items that are provided for the next day's meal may need to be re-heated. Heating instructions for entrées can be found at [www.thecentralkitchen.org/recipes](http://www.thecentralkitchen.org/recipes)

High-quality in-season fruits like grapes, nectarines, pears, and plums are available with every meal. Options will vary for each meal pickup.



Meals will only be available to school-aged children, enrolled at an SCUSD school, associated charter school, or SCUSD child care program. Children not enrolled in school will not be eligible for meals.

Families must provide the "Enrollment Verification Letter to Obtain School Meals" when picking up meals. This letter will be directly mailed to all families and contains the student's name, ID number, and barcode. Each enrolled student will receive this letter printed on gold-colored paper. Students do not need to be present to receive meals. To pick up meals for multiple students, please present each student's letter. If you did not receive this letter in the mail, please bring a student ID card, student ID number, or other enrollment documents.

Meals should be picked up at a student's school of enrollment or school within the same region. If a family has multiple SCUSD students, meals may be picked up from the school where the majority of the students attend.

Students who qualify for free/reduced meals will receive breakfast and lunch at no charge.

FRESH FRUIT OFFERED THROUGHOUT  
THE MONTH OF SEPTEMBER INCLUDE:

*Pluots* FROM KINGSBURG ORCHARDS  
*Peaches* FROM MOUNTAIN VIEW FRUIT  
*Sliced Apples* FROM FRESH INNOVATIONS  
*Grapes* FROM HMC FARMS

### AVOID MEAL CHARGES!

Apply Online for Free/reduced Price Meals at  
[www.thecentralkitchen.org/resources/applyformeals](http://www.thecentralkitchen.org/resources/applyformeals)

Meal applications must be  
submitted each school year!



Nutrition Services  
916-395-5600

This institution is an equal  
opportunity employer and provider.  
Menus subject to change.

Meals are federally funded by the USDA, not SCUSD general funds.