

Sacramento City Unified School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size		Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Mon - 03/02/2020							
Sm. High School Lun 2019-2	Total						
Spicy Teriyaki Rice Bowl	1 each		478	976	13	71.76	0.62
Cheeseburger	1 each		593	1304	6	47.96	10.58
Cheese Pizza	1 each		360	510	4	34.0	8.00
Pepperoni Pizza	1 each		370	580	4	33.0	9.00
Chicken Caesar Salad	Salad		599	1190	4	46.52	5.73
Protein box	1 each		450	425	21	61.0	2.50
Condiment Bar	portion		203	1088	19	24.14	1.56
House Salad	1 CUP		160	336	4	14.04	1.48
Raisins	1/4 cup		125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag		35	65	5	8.0	0.00
Milk, 1% White	carton		130	160	15	16.0	1.50
Milk, Non Fat, White	carton		90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton		90	125	12	13.0	0.00

Tue - 03/03/2020							
Sm. High School Lun 2019-2	Total	1					
ChickenTenders	Box	1	559	1070	1	44.19	4.76
Spicy Chicken Sandwich	1 each	1	688	1120	6	65.65	8.07
Pizza, BBQ Chicken	slices	1	432	725	7	38.15	9.73
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

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Sacramento City Unified School District

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Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Wed - 03/04/2020							
Sm. High School Lun 2019-2	Total	1					
Corn Dog	Recipe	1	604	1075	10	75.24	5.95
Cheeseburger	1 each	1	593	1304	6	47.96	10.58
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Pepperoni Pizza	1 each	1	370	580	4	33.0	9.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00
Weighted Daily Average			3706	5913	*145	417.28	44.78
% of Calories					*15.6%	45.0%	10.9%
Nutrient Guideline			750-850	1420			<10.00

Thu - 03/05/2020							
Sm. High School Lun 2019-2	Total						
Chicken Alfredo Pasta	servings		887	1590	11	84.18	18.94
Spicy Chicken Sandwich	1 each		688	1120	6	65.65	8.07
Cheese Pizza	1 each		360	510	4	34.0	8.00
Pizza, BBQ Chicken	slices		432	725	7	38.15	9.73
Chicken Caesar Salad	Salad		599	1190	4	46.52	5.73
Protein box	1 each		450	425	21	61.0	2.50
House Salad	1 CUP		160	336	4	14.04	1.48
Condiment Bar	portion		203	1088	19	24.14	1.56
Raisins	1/4 cup		125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag		35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH		55	1	*9	14.14	0.03
Milk, 1% White	carton		130	160	15	16.0	1.50
Milk, Non Fat, White	carton		90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton		90	125	12	13.0	0.00

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Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Fri - 03/06/2020						
Sm. High School Lun 2019-2	Total					
ChickenTenders	Box	559	1070	1	44.19	4.76
Pepperoni Pizza	1 each	370	580	4	33.0	9.00
Cheese Pizza	1 each	360	510	4	34.0	8.00
Cheeseburger	1 each	593	1304	6	47.96	10.58
Chicken Caesar Salad	Salad	599	1190	4	46.52	5.73
Protein box	1 each	450	425	21	61.0	2.50
Condiment Bar	portion	203	1088	19	24.14	1.56
House Salad	1 CUP	160	336	4	14.04	1.48
Raisins	1/4 cup	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH	55	1	*9	14.14	0.03
Milk, 1% White	carton	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	90	125	12	13.0	0.00

Mon - 03/09/2020						
Sm. High School Lun 2019-2	Total					
Spicy Teriyaki Rice Bowl	1 each	478	976	13	71.76	0.62
Cheeseburger	1 each	593	1304	6	47.96	10.58
Cheese Pizza	1 each	360	510	4	34.0	8.00
Pepperoni Pizza	1 each	370	580	4	33.0	9.00
Chicken Caesar Salad	Salad	599	1190	4	46.52	5.73
Protein box	1 each	450	425	21	61.0	2.50
Condiment Bar	portion	203	1088	19	24.14	1.56
House Salad	1 CUP	160	336	4	14.04	1.48
Raisins	1/4 cup	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	35	65	5	8.0	0.00
Milk, 1% White	carton	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	90	125	12	13.0	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Tue - 03/10/2020							
Sm. High School Lun 2019-2	Total	1					
ChickenTenders	Box	1	559	1070	1	44.19	4.76
Spicy Chicken Sandwich	1 each	1	688	1120	6	65.65	8.07
Pizza, BBQ Chicken	slices	1	432	725	7	38.15	9.73
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

Wed - 03/11/2020							
Sm. High School Lun 2019-2	Total	1					
Corn Dog	Recipe	1	604	1075	10	75.24	5.95
Cheeseburger	1 each	1	593	1304	6	47.96	10.58
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Pepperoni Pizza	1 each	1	370	580	4	33.0	9.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

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Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size		Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Thu - 03/12/2020							
Sm. High School Lun 2019-2	Total						
Chicken Alfredo Pasta	1 each		887	1590	11	84.18	18.94
Spicy Chicken Sandwich	1 each		688	1120	6	65.65	8.07
Cheese Pizza	1 each		360	510	4	34.0	8.00
Pizza, BBQ Chicken	slices		432	725	7	38.15	9.73
Chicken Caesar Salad	Salad		599	1190	4	46.52	5.73
Protein box	1 each		450	425	21	61.0	2.50
House Salad	1 CUP		160	336	4	14.04	1.48
Condiment Bar	portion		203	1088	19	24.14	1.56
Raisins	1/4 cup		125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag		35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH		55	1	*9	14.14	0.03
Milk, 1% White	carton		130	160	15	16.0	1.50
Milk, Non Fat, White	carton		90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton		90	125	12	13.0	0.00

Fri - 03/13/2020							
Sm. High School Lun 2019-2	Total	522					
ChickenTenders	Box	250	559	1070	1	44.19	4.76
Pepperoni Pizza	1 each	112	370	580	4	33.0	9.00
Cheese Pizza	1 each	60	360	510	4	34.0	8.00
Cheeseburger	1 each	1	593	1304	6	47.96	10.58
Chicken Caesar Salad	Salad	20	599	1190	4	46.52	5.73
Protein box	1 each	20	450	425	21	61.0	2.50
Condiment Bar	portion	75	203	1088	19	24.14	1.56
House Salad	1 CUP	50	160	336	4	14.04	1.48
Raisins	1/4 cup	25	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	25	35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH	522	55	1	*9	14.14	0.03
Milk, 1% White	carton	300	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	200	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	22	90	125	12	13.0	0.00

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Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size		Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Mon - 03/16/2020							
Sm. High School Lun 2019-2	Total						
Spicy Teriyaki Rice Bowl	1 each		478	976	13	71.76	0.62
Cheeseburger	1 each		593	1304	6	47.96	10.58
Cheese Pizza	1 each		360	510	4	34.0	8.00
Pepperoni Pizza	1 each		370	580	4	33.0	9.00
Chicken Caesar Salad	Salad		599	1190	4	46.52	5.73
Protein box	1 each		450	425	21	61.0	2.50
Condiment Bar	portion		203	1088	19	24.14	1.56
House Salad	1 CUP		160	336	4	14.04	1.48
Raisins	1/4 cup		125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag		35	65	5	8.0	0.00
Milk, 1% White	carton		130	160	15	16.0	1.50
Milk, Non Fat, White	carton		90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton		90	125	12	13.0	0.00

Tue - 03/17/2020							
Sm. High School Lun 2019-2	Total	1					
ChickenTenders	Box	1	559	1070	1	44.19	4.76
Spicy Chicken Sandwich	1 each	1	688	1120	6	65.65	8.07
Pizza, BBQ Chicken	slices	1	432	725	7	38.15	9.73
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

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Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Wed - 03/18/2020							
Sm. High School Lun 2019-2	Total	1					
Corn Dog	Recipe	1	604	1075	10	75.24	5.95
Cheeseburger	1 each	1	593	1304	6	47.96	10.58
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Pepperoni Pizza	1 each	1	370	580	4	33.0	9.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Thu - 03/19/2020							
Sm. High School Lun 2019-2	Total	488					
Chicken Alfredo Pasta	servings	170	887	1590	11	84.18	18.94
Spicy Chicken Sandwich	1 each	1	688	1120	6	65.65	8.07
Cheese Pizza	1 each	32	360	510	4	34.0	8.00
Pizza, BBQ Chicken	slices	96	432	725	7	38.15	9.73
Chicken Caesar Salad	Salad	20	599	1190	4	46.52	5.73
Protein box	1 each	10	450	425	21	61.0	2.50
House Salad	1 CUP	50	160	336	4	14.04	1.48
Condiment Bar	portion	75	203	1088	19	24.14	1.56
Raisins	1/4 cup	25	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	25	35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH	488	55	1	*9	14.14	0.03
Milk, 1% White	carton	300	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	160	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	28	90	125	12	13.0	0.00

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	Portion Size		Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Fri - 03/20/2020							
Sm. High School Lun 2019-2	Total						
ChickenTenders	Box		559	1070	1	44.19	4.76
Pepperoni Pizza	1 each		370	580	4	33.0	9.00
Cheese Pizza	1 each		360	510	4	34.0	8.00
Cheeseburger	1 each		593	1304	6	47.96	10.58
Chicken Caesar Salad	Salad		599	1190	4	46.52	5.73
Protein box	1 each		450	425	21	61.0	2.50
Condiment Bar	portion		203	1088	19	24.14	1.56
House Salad	1 CUP		160	336	4	14.04	1.48
Raisins	1/4 cup		125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag		35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH		55	1	*9	14.14	0.03
Milk, 1% White	carton		130	160	15	16.0	1.50
Milk, Non Fat, White	carton		90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton		90	125	12	13.0	0.00

Mon - 03/23/2020							
Sm. High School Lun 2019-2	Total	476					
Spicy Teriyaki Rice Bowl	1 each	96	478	976	13	71.76	0.62
Cheeseburger	1 each	220	593	1304	6	47.96	10.58
Cheese Pizza	1 each	24	360	510	4	34.0	8.00
Pepperoni Pizza	1 each	96	370	580	4	33.0	9.00
Chicken Caesar Salad	Salad	20	599	1190	4	46.52	5.73
Protein box	1 each	20	450	425	21	61.0	2.50
Condiment Bar	portion	75	203	1088	19	24.14	1.56
House Salad	1 CUP	50	160	336	4	14.04	1.48
Raisins	1/4 cup	25	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	25	35	65	5	8.0	0.00
Milk, 1% White	carton	250	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	200	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	26	90	125	12	13.0	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Tue - 03/24/2020							
Sm. High School Lun 2019-2	Total	1					
ChickenTenders	Box	1	559	1070	1	44.19	4.76
Spicy Chicken Sandwich	1 each	1	688	1120	6	65.65	8.07
Pizza, BBQ Chicken	slices	1	432	725	7	38.15	9.73
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

Wed - 03/25/2020							
Sm. High School Lun 2019-2	Total	1					
Corn Dog	Recipe	1	604	1075	10	75.24	5.95
Cheeseburger	1 each	1	593	1304	6	47.96	10.58
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Pepperoni Pizza	1 each	1	370	580	4	33.0	9.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Sacramento City Unified School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Thu - 03/26/2020						
Sm. High School Lun 2019-2	Total					
Chicken Alfredo Pasta	servings	887	1590	11	84.18	18.94
Spicy Chicken Sandwich	1 each	688	1120	6	65.65	8.07
Cheese Pizza	1 each	360	510	4	34.0	8.00
Pizza, BBQ Chicken	slices	432	725	7	38.15	9.73
Chicken Caesar Salad	Salad	599	1190	4	46.52	5.73
Protein box	1 each	450	425	21	61.0	2.50
House Salad	1 CUP	160	336	4	14.04	1.48
Condiment Bar	portion	203	1088	19	24.14	1.56
Raisins	1/4 cup	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH	55	1	*9	14.14	0.03
Milk, 1% White	carton	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	90	125	12	13.0	0.00

Fri - 03/27/2020						
Sm. High School Lun 2019-2	Total					
ChickenTenders	Box	559	1070	1	44.19	4.76
Pepperoni Pizza	1 each	370	580	4	33.0	9.00
Cheese Pizza	1 each	360	510	4	34.0	8.00
Cheeseburger	1 each	593	1304	6	47.96	10.58
Chicken Caesar Salad	Salad	599	1190	4	46.52	5.73
Protein box	1 each	450	425	21	61.0	2.50
Condiment Bar	portion	203	1088	19	24.14	1.56
House Salad	1 CUP	160	336	4	14.04	1.48
Raisins	1/4 cup	125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag	35	65	5	8.0	0.00
FRUIT,FRESH ASSORTED	1 EACH	55	1	*9	14.14	0.03
Milk, 1% White	carton	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	90	125	12	13.0	0.00

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Sacramento City Unified School District

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

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	Portion Size		Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	S-Fat (g)
Mon - 03/30/2020							
Sm. High School Lun 2019-2	Total						
Spicy Teriyaki Rice Bowl	1 each		478	976	13	71.76	0.62
Cheeseburger	1 each		593	1304	6	47.96	10.58
Cheese Pizza	1 each		360	510	4	34.0	8.00
Pepperoni Pizza	1 each		370	580	4	33.0	9.00
Chicken Caesar Salad	Salad		599	1190	4	46.52	5.73
Protein box	1 each		450	425	21	61.0	2.50
Condiment Bar	portion		203	1088	19	24.14	1.56
House Salad	1 CUP		160	336	4	14.04	1.48
Raisins	1/4 cup		125	4	*N/A*	29.86	0.02
Carrots, Baby Ind. bags	bag		35	65	5	8.0	0.00
Milk, 1% White	carton		130	160	15	16.0	1.50
Milk, Non Fat, White	carton		90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton		90	125	12	13.0	0.00

Tue - 03/31/2020							
Sm. High School Lun 2019-2	Total	1					
ChickenTenders	Box	1	559	1070	1	44.19	4.76
Spicy Chicken Sandwich	1 each	1	688	1120	6	65.65	8.07
Pizza, BBQ Chicken	slices	1	432	725	7	38.15	9.73
Cheese Pizza	1 each	1	360	510	4	34.0	8.00
Chicken Caesar Salad	Salad	1	599	1190	4	46.52	5.73
Protein box	1 each	1	450	425	21	61.0	2.50
House Salad	1 CUP	1	160	336	4	14.04	1.48
Fruit, Canned - Assorted	1/2 cup	1	51	7	11	12.39	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	55	1	*9	14.14	0.03
Raisins	Box	1	120	5	27	29.0	0.00
Carrots, Baby Ind. bags	bag	1	35	65	5	8.0	0.00
Milk, 1% White	carton	1	130	160	15	16.0	1.50
Milk, Non Fat, White	carton	1	90	130	13	13.0	0.00
Milk, Lactaid Fat Free	carton	1	90	125	12	13.0	0.00

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