

# Sacramento City Unified School District

## Base Menu Spreadsheet

### Portion Values - Detailed

Page 1

Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

Generated on: 12/20/2019 11:41:07 AM

|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Mon - 01/06/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Orange Chicken w/ Rice     | 1 wok bowl eac  | 1            | 287            | 306          | 12            | 14.12        | 48.99       | 0.52         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Chicken Caesar Salad       | Salad           | 1            | 535            | 1072         | 3             | 27.02        | 41.12       | 5.50         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| BBQ Sauce                  | Tablespoon      | 1            | 15             | 70           | 3             | 0.0          | 3.5         | 0.00         |
| Ketchup                    | 1 TBSP          | 1            | 13             | 38           | 3             | 0.0          | 3.34        | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

|                            |          |   |     |      |       |       |       |      |
|----------------------------|----------|---|-----|------|-------|-------|-------|------|
| Tue - 01/07/2020           |          |   |     |      |       |       |       |      |
| Sm. High School Lun 2019-2 | Total    | 1 |     |      |       |       |       |      |
| Corn Dog                   | Recipe   | 1 | 604 | 1075 | 10    | 19.91 | 75.24 | 5.95 |
| Tater Tots                 | 8 pieces | 1 | 130 | 309  | 0     | 1.99  | 15.96 | 1.00 |
| Soup and garlic toast      | 1 each   | 1 | 470 | 810  | 6     | 30.0  | 46.0  | 8.00 |
| Chef Salad - 2018          | 1 each   | 1 | 732 | 1672 | *4    | 39.03 | 56.89 | 9.27 |
| Mediterranean Wrap         | 1 each   | 1 | 504 | 896  | 5     | 22.23 | 62.58 | 3.03 |
| Ketchup, Packet            | Packet   | 1 | 10  | 80   | *N/A* | 0.0   | 2.0   | 0.00 |
| Mustard                    | Packet   | 1 | 4   | 94   | 0     | 0.23  | 0.46  | 0.01 |
| Fruit, Canned - Assorted   | 1/2 cup  | 1 | 51  | 7    | 11    | 0.44  | 12.39 | 0.00 |
| FRUIT,FRESH ASSORTED       | 1 EACH   | 1 | 55  | 1    | *9    | 0.67  | 14.14 | 0.03 |
| Raisins                    | 1/4 cup  | 1 | 125 | 4    | *N/A* | 1.16  | 29.86 | 0.02 |
| Carrots, Baby Ind. bags    | bag      | 1 | 35  | 65   | 5     | 1.0   | 8.0   | 0.00 |
| Milk, 1% White             | carton   | 1 | 130 | 160  | 15    | 10.0  | 16.0  | 1.50 |
| Milk, Non Fat, White       | carton   | 1 | 90  | 130  | 13    | 9.0   | 13.0  | 0.00 |
| Milk, Lactaid Fat Free     | carton   | 1 | 90  | 125  | 12    | 8.0   | 13.0  | 0.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Sacramento City Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Wed - 01/08/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Buffalo Chicken Wrap       | 1 each          | 1            | 581            | 1456         | 3             | 37.04        | 52.14       | 6.13         |
| Cheeseburger               | 1 each          | 1            | 657            | 1250         | 7             | 32.28        | 54.76       | 11.11        |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Potato Wedges              | 1/2 cup         | 1            | 125            | 145          | 0             | 2.08         | 20.76       | 0.52         |
| Ketchup, Pouch Disp-Heinz  | Tablespoon      | 1            | 15             | 45           | 3             | 0.0          | 4.0         | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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## Base Menu Spreadsheet

### Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

Generated on: 12/20/2019 11:41:07 AM

|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Thu - 01/09/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Chicken Alfredo Pasta      | servings        | 1            | 728            | 1366         | 8             | 38.1         | 56.55       | 18.60        |
| Soup and garlic toast      | 1 each          | 1            | 470            | 810          | 6             | 30.0         | 46.0        | 8.00         |
| Chef Salad - 2018          | 1 each          | 1            | 732            | 1672         | *4            | 39.03        | 56.89       | 9.27         |
| Mediterranean Wrap         | 1 each          | 1            | 504            | 896          | 5             | 22.23        | 62.58       | 3.03         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

|                            |            |   |     |      |       |       |       |      |
|----------------------------|------------|---|-----|------|-------|-------|-------|------|
| Fri - 01/10/2020           |            |   |     |      |       |       |       |      |
| Sm. High School Lun 2019-2 | Total      | 1 |     |      |       |       |       |      |
| Popcorn Chicken Bowl       | 1 bowl     | 1 | 551 | 1204 | 7     | 25.14 | 63.6  | 6.04 |
| Hot Wings                  | 5 wings    | 1 | 769 | 1525 | 24    | 19.63 | 60.98 | 8.15 |
| Corn Bread                 | 1 square   | 1 | 286 | 190  | 18    | 4.2   | 45.0  | 1.30 |
| Pepperoni Pizza            | 1 each     | 1 | 370 | 580  | 4     | 20.0  | 33.0  | 9.00 |
| Cheese Pizza               | 1 each     | 1 | 360 | 510  | 4     | 20.0  | 34.0  | 8.00 |
| Chicken Caesar Salad       | Salad      | 1 | 535 | 1072 | 3     | 27.02 | 41.12 | 5.50 |
| Protein box                | 1 each     | 1 | 450 | 425  | 21    | 11.95 | 61.0  | 2.50 |
| Ketchup, Pouch Disp-Heinz  | Tablespoon | 1 | 15  | 45   | 3     | 0.0   | 4.0   | 0.00 |
| Mustard                    | Packet     | 1 | 4   | 94   | 0     | 0.23  | 0.46  | 0.01 |
| Salad Bar                  | 1/2 cup    | 1 | 347 | 392  | *34   | 7.0   | 68.45 | 2.83 |
| Carrots, Baby Ind. bags    | bag        | 1 | 35  | 65   | 5     | 1.0   | 8.0   | 0.00 |
| Raisins                    | 1/4 cup    | 1 | 125 | 4    | *N/A* | 1.16  | 29.86 | 0.02 |
| Fruit, Canned - Assorted   | 1/2 cup    | 1 | 51  | 7    | 11    | 0.44  | 12.39 | 0.00 |
| FRUIT,FRESH ASSORTED       | 1 EACH     | 1 | 55  | 1    | *9    | 0.67  | 14.14 | 0.03 |
| Milk, 1% White             | carton     | 1 | 130 | 160  | 15    | 10.0  | 16.0  | 1.50 |
| Milk, Non Fat, White       | carton     | 1 | 90  | 130  | 13    | 9.0   | 13.0  | 0.00 |
| Milk, Lactaid Fat Free     | carton     | 1 | 90  | 125  | 12    | 8.0   | 13.0  | 0.00 |

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Base Menu Spreadsheet

Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Mon - 01/13/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Orange Chicken w/ Rice     | 1 wok bowl eac  | 1            | 287            | 306          | 12            | 14.12        | 48.99       | 0.52         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Chicken Caesar Salad       | Salad           | 1            | 535            | 1072         | 3             | 27.02        | 41.12       | 5.50         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| BBQ Sauce                  | Tablespoon      | 1            | 15             | 70           | 3             | 0.0          | 3.5         | 0.00         |
| Ketchup                    | 1 TBSP          | 1            | 13             | 38           | 3             | 0.0          | 3.34        | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

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## Base Menu Spreadsheet

### Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Tue - 01/14/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Corn Dog                   | Recipe          | 1            | 604            | 1075         | 10            | 19.91        | 75.24       | 5.95         |
| Tater Tots                 | 8 pieces        | 1            | 130            | 309          | 0             | 1.99         | 15.96       | 1.00         |
| Soup and garlic toast      | 1 each          | 1            | 470            | 810          | 6             | 30.0         | 46.0        | 8.00         |
| Chef Salad - 2018          | 1 each          | 1            | 732            | 1672         | *4            | 39.03        | 56.89       | 9.27         |
| Mediterranean Wrap         | 1 each          | 1            | 504            | 896          | 5             | 22.23        | 62.58       | 3.03         |
| Ketchup, Packet            | Packet          | 1            | 10             | 80           | *N/A*         | 0.0          | 2.0         | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

|                            |            |   |     |      |       |       |       |       |
|----------------------------|------------|---|-----|------|-------|-------|-------|-------|
| Wed - 01/15/2020           |            |   |     |      |       |       |       |       |
| Sm. High School Lun 2019-2 | Total      | 1 |     |      |       |       |       |       |
| Buffalo Chicken Wrap       | 1 each     | 1 | 581 | 1456 | 3     | 37.04 | 52.14 | 6.13  |
| Cheeseburger               | 1 each     | 1 | 657 | 1250 | 7     | 32.28 | 54.76 | 11.11 |
| Pepperoni Pizza            | 1 each     | 1 | 370 | 580  | 4     | 20.0  | 33.0  | 9.00  |
| Cheese Pizza               | 1 each     | 1 | 360 | 510  | 4     | 20.0  | 34.0  | 8.00  |
| Protein box                | 1 each     | 1 | 450 | 425  | 21    | 11.95 | 61.0  | 2.50  |
| Potato Wedges              | 1/2 cup    | 1 | 125 | 145  | 0     | 2.08  | 20.76 | 0.52  |
| Ketchup, Pouch Disp-Heinz  | Tablespoon | 1 | 15  | 45   | 3     | 0.0   | 4.0   | 0.00  |
| Mustard                    | Packet     | 1 | 4   | 94   | 0     | 0.23  | 0.46  | 0.01  |
| Salad Bar                  | 1/2 cup    | 1 | 347 | 392  | *34   | 7.0   | 68.45 | 2.83  |
| Raisins                    | 1/4 cup    | 1 | 125 | 4    | *N/A* | 1.16  | 29.86 | 0.02  |
| Carrots, Baby Ind. bags    | bag        | 1 | 35  | 65   | 5     | 1.0   | 8.0   | 0.00  |
| Fruit, Canned - Assorted   | 1/2 cup    | 1 | 51  | 7    | 11    | 0.44  | 12.39 | 0.00  |
| FRUIT,FRESH ASSORTED       | 1 EACH     | 1 | 55  | 1    | *9    | 0.67  | 14.14 | 0.03  |
| Milk, 1% White             | carton     | 1 | 130 | 160  | 15    | 10.0  | 16.0  | 1.50  |
| Milk, Non Fat, White       | carton     | 1 | 90  | 130  | 13    | 9.0   | 13.0  | 0.00  |
| Milk, Lactaid Fat Free     | carton     | 1 | 90  | 125  | 12    | 8.0   | 13.0  | 0.00  |

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Base Menu Spreadsheet

Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Thu - 01/16/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Chicken Alfredo Pasta      | servings        | 1            | 728            | 1366         | 8             | 38.1         | 56.55       | 18.60        |
| Soup and garlic toast      | 1 each          | 1            | 470            | 810          | 6             | 30.0         | 46.0        | 8.00         |
| Chef Salad - 2018          | 1 each          | 1            | 732            | 1672         | *4            | 39.03        | 56.89       | 9.27         |
| Mediterranean Wrap         | 1 each          | 1            | 504            | 896          | 5             | 22.23        | 62.58       | 3.03         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

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### Portion Values - Detailed

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Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Fri - 01/17/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Popcorn Chicken Bowl       | 1 bowl          | 1            | 551            | 1204         | 7             | 25.14        | 63.6        | 6.04         |
| Hot Wings                  | 5 wings         | 1            | 769            | 1525         | 24            | 19.63        | 60.98       | 8.15         |
| Corn Bread                 | 1 square        | 1            | 286            | 190          | 18            | 4.2          | 45.0        | 1.30         |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Chicken Caesar Salad       | Salad           | 1            | 535            | 1072         | 3             | 27.02        | 41.12       | 5.50         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Ketchup, Pouch Disp-Heinz  | Tablespoon      | 1            | 15             | 45           | 3             | 0.0          | 4.0         | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

|                            |          |   |     |      |       |       |       |      |
|----------------------------|----------|---|-----|------|-------|-------|-------|------|
| Tue - 01/21/2020           |          |   |     |      |       |       |       |      |
| Sm. High School Lun 2019-2 | Total    | 1 |     |      |       |       |       |      |
| Corn Dog                   | Recipe   | 1 | 604 | 1075 | 10    | 19.91 | 75.24 | 5.95 |
| Tater Tots                 | 8 pieces | 1 | 130 | 309  | 0     | 1.99  | 15.96 | 1.00 |
| Soup and garlic toast      | 1 each   | 1 | 470 | 810  | 6     | 30.0  | 46.0  | 8.00 |
| Chef Salad - 2018          | 1 each   | 1 | 732 | 1672 | *4    | 39.03 | 56.89 | 9.27 |
| Mediterranean Wrap         | 1 each   | 1 | 504 | 896  | 5     | 22.23 | 62.58 | 3.03 |
| Ketchup, Packet            | Packet   | 1 | 10  | 80   | *N/A* | 0.0   | 2.0   | 0.00 |
| Mustard                    | Packet   | 1 | 4   | 94   | 0     | 0.23  | 0.46  | 0.01 |
| Fruit, Canned - Assorted   | 1/2 cup  | 1 | 51  | 7    | 11    | 0.44  | 12.39 | 0.00 |
| FRUIT,FRESH ASSORTED       | 1 EACH   | 1 | 55  | 1    | *9    | 0.67  | 14.14 | 0.03 |
| Raisins                    | 1/4 cup  | 1 | 125 | 4    | *N/A* | 1.16  | 29.86 | 0.02 |
| Carrots, Baby Ind. bags    | bag      | 1 | 35  | 65   | 5     | 1.0   | 8.0   | 0.00 |
| Milk, 1% White             | carton   | 1 | 130 | 160  | 15    | 10.0  | 16.0  | 1.50 |
| Milk, Non Fat, White       | carton   | 1 | 90  | 130  | 13    | 9.0   | 13.0  | 0.00 |
| Milk, Lactaid Fat Free     | carton   | 1 | 90  | 125  | 12    | 8.0   | 13.0  | 0.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Sacramento City Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Wed - 01/22/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Buffalo Chicken Wrap       | 1 each          | 1            | 581            | 1456         | 3             | 37.04        | 52.14       | 6.13         |
| Cheeseburger               | 1 each          | 1            | 657            | 1250         | 7             | 32.28        | 54.76       | 11.11        |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Potato Wedges              | 1/2 cup         | 1            | 125            | 145          | 0             | 2.08         | 20.76       | 0.52         |
| Ketchup, Pouch Disp-Heinz  | Tablespoon      | 1            | 15             | 45           | 3             | 0.0          | 4.0         | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Sacramento City Unified School District

## Base Menu Spreadsheet

### Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Thu - 01/23/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Chicken Alfredo Pasta      | servings        | 1            | 728            | 1366         | 8             | 38.1         | 56.55       | 18.60        |
| Soup and garlic toast      | 1 each          | 1            | 470            | 810          | 6             | 30.0         | 46.0        | 8.00         |
| Chef Salad - 2018          | 1 each          | 1            | 732            | 1672         | *4            | 39.03        | 56.89       | 9.27         |
| Mediterranean Wrap         | 1 each          | 1            | 504            | 896          | 5             | 22.23        | 62.58       | 3.03         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

|                            |            |   |     |      |       |       |       |      |
|----------------------------|------------|---|-----|------|-------|-------|-------|------|
| Fri - 01/24/2020           |            |   |     |      |       |       |       |      |
| Sm. High School Lun 2019-2 | Total      | 1 |     |      |       |       |       |      |
| Popcorn Chicken Bowl       | 1 bowl     | 1 | 551 | 1204 | 7     | 25.14 | 63.6  | 6.04 |
| Hot Wings                  | 5 wings    | 1 | 769 | 1525 | 24    | 19.63 | 60.98 | 8.15 |
| Corn Bread                 | 1 square   | 1 | 286 | 190  | 18    | 4.2   | 45.0  | 1.30 |
| Pepperoni Pizza            | 1 each     | 1 | 370 | 580  | 4     | 20.0  | 33.0  | 9.00 |
| Cheese Pizza               | 1 each     | 1 | 360 | 510  | 4     | 20.0  | 34.0  | 8.00 |
| Chicken Caesar Salad       | Salad      | 1 | 535 | 1072 | 3     | 27.02 | 41.12 | 5.50 |
| Protein box                | 1 each     | 1 | 450 | 425  | 21    | 11.95 | 61.0  | 2.50 |
| Ketchup, Pouch Disp-Heinz  | Tablespoon | 1 | 15  | 45   | 3     | 0.0   | 4.0   | 0.00 |
| Mustard                    | Packet     | 1 | 4   | 94   | 0     | 0.23  | 0.46  | 0.01 |
| Salad Bar                  | 1/2 cup    | 1 | 347 | 392  | *34   | 7.0   | 68.45 | 2.83 |
| Carrots, Baby Ind. bags    | bag        | 1 | 35  | 65   | 5     | 1.0   | 8.0   | 0.00 |
| Raisins                    | 1/4 cup    | 1 | 125 | 4    | *N/A* | 1.16  | 29.86 | 0.02 |
| Fruit, Canned - Assorted   | 1/2 cup    | 1 | 51  | 7    | 11    | 0.44  | 12.39 | 0.00 |
| FRUIT,FRESH ASSORTED       | 1 EACH     | 1 | 55  | 1    | *9    | 0.67  | 14.14 | 0.03 |
| Milk, 1% White             | carton     | 1 | 130 | 160  | 15    | 10.0  | 16.0  | 1.50 |
| Milk, Non Fat, White       | carton     | 1 | 90  | 130  | 13    | 9.0   | 13.0  | 0.00 |
| Milk, Lactaid Fat Free     | carton     | 1 | 90  | 125  | 12    | 8.0   | 13.0  | 0.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Sacramento City Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Mon - 01/27/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Orange Chicken w/ Rice     | 1 wok bowl eac  | 1            | 287            | 306          | 12            | 14.12        | 48.99       | 0.52         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Chicken Caesar Salad       | Salad           | 1            | 535            | 1072         | 3             | 27.02        | 41.12       | 5.50         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| BBQ Sauce                  | Tablespoon      | 1            | 15             | 70           | 3             | 0.0          | 3.5         | 0.00         |
| Ketchup                    | 1 TBSP          | 1            | 13             | 38           | 3             | 0.0          | 3.34        | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Sacramento City Unified School District

## Base Menu Spreadsheet

### Portion Values - Detailed

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Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Tue - 01/28/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Corn Dog                   | Recipe          | 1            | 604            | 1075         | 10            | 19.91        | 75.24       | 5.95         |
| Tater Tots                 | 8 pieces        | 1            | 130            | 309          | 0             | 1.99         | 15.96       | 1.00         |
| Soup and garlic toast      | 1 each          | 1            | 470            | 810          | 6             | 30.0         | 46.0        | 8.00         |
| Chef Salad - 2018          | 1 each          | 1            | 732            | 1672         | *4            | 39.03        | 56.89       | 9.27         |
| Mediterranean Wrap         | 1 each          | 1            | 504            | 896          | 5             | 22.23        | 62.58       | 3.03         |
| Ketchup, Packet            | Packet          | 1            | 10             | 80           | *N/A*         | 0.0          | 2.0         | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

|                            |            |   |     |      |       |       |       |       |
|----------------------------|------------|---|-----|------|-------|-------|-------|-------|
| Wed - 01/29/2020           |            |   |     |      |       |       |       |       |
| Sm. High School Lun 2019-2 | Total      | 1 |     |      |       |       |       |       |
| Buffalo Chicken Wrap       | 1 each     | 1 | 581 | 1456 | 3     | 37.04 | 52.14 | 6.13  |
| Cheeseburger               | 1 each     | 1 | 657 | 1250 | 7     | 32.28 | 54.76 | 11.11 |
| Pepperoni Pizza            | 1 each     | 1 | 370 | 580  | 4     | 20.0  | 33.0  | 9.00  |
| Cheese Pizza               | 1 each     | 1 | 360 | 510  | 4     | 20.0  | 34.0  | 8.00  |
| Protein box                | 1 each     | 1 | 450 | 425  | 21    | 11.95 | 61.0  | 2.50  |
| Potato Wedges              | 1/2 cup    | 1 | 125 | 145  | 0     | 2.08  | 20.76 | 0.52  |
| Ketchup, Pouch Disp-Heinz  | Tablespoon | 1 | 15  | 45   | 3     | 0.0   | 4.0   | 0.00  |
| Mustard                    | Packet     | 1 | 4   | 94   | 0     | 0.23  | 0.46  | 0.01  |
| Salad Bar                  | 1/2 cup    | 1 | 347 | 392  | *34   | 7.0   | 68.45 | 2.83  |
| Raisins                    | 1/4 cup    | 1 | 125 | 4    | *N/A* | 1.16  | 29.86 | 0.02  |
| Carrots, Baby Ind. bags    | bag        | 1 | 35  | 65   | 5     | 1.0   | 8.0   | 0.00  |
| Fruit, Canned - Assorted   | 1/2 cup    | 1 | 51  | 7    | 11    | 0.44  | 12.39 | 0.00  |
| FRUIT,FRESH ASSORTED       | 1 EACH     | 1 | 55  | 1    | *9    | 0.67  | 14.14 | 0.03  |
| Milk, 1% White             | carton     | 1 | 130 | 160  | 15    | 10.0  | 16.0  | 1.50  |
| Milk, Non Fat, White       | carton     | 1 | 90  | 130  | 13    | 9.0   | 13.0  | 0.00  |
| Milk, Lactaid Fat Free     | carton     | 1 | 90  | 125  | 12    | 8.0   | 13.0  | 0.00  |

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# Sacramento City Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Thu - 01/30/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Chicken Alfredo Pasta      | servings        | 1            | 728            | 1366         | 8             | 38.1         | 56.55       | 18.60        |
| Soup and garlic toast      | 1 each          | 1            | 470            | 810          | 6             | 30.0         | 46.0        | 8.00         |
| Chef Salad - 2018          | 1 each          | 1            | 732            | 1672         | *4            | 39.03        | 56.89       | 9.27         |
| Mediterranean Wrap         | 1 each          | 1            | 504            | 896          | 5             | 22.23        | 62.58       | 3.03         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

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# Sacramento City Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 6, 2020 thru Jan 31, 2020

Sm. High School Lun 2019-2020

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|                            | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Sodm<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | S-Fat<br>(g) |
|----------------------------|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|
| Fri - 01/31/2020           |                 |              |                |              |               |              |             |              |
| Sm. High School Lun 2019-2 | Total           | 1            |                |              |               |              |             |              |
| Popcorn Chicken Bowl       | 1 bowl          | 1            | 551            | 1204         | 7             | 25.14        | 63.6        | 6.04         |
| Hot Wings                  | 5 wings         | 1            | 769            | 1525         | 24            | 19.63        | 60.98       | 8.15         |
| Corn Bread                 | 1 square        | 1            | 286            | 190          | 18            | 4.2          | 45.0        | 1.30         |
| Pepperoni Pizza            | 1 each          | 1            | 370            | 580          | 4             | 20.0         | 33.0        | 9.00         |
| Cheese Pizza               | 1 each          | 1            | 360            | 510          | 4             | 20.0         | 34.0        | 8.00         |
| Chicken Caesar Salad       | Salad           | 1            | 535            | 1072         | 3             | 27.02        | 41.12       | 5.50         |
| Protein box                | 1 each          | 1            | 450            | 425          | 21            | 11.95        | 61.0        | 2.50         |
| Ketchup, Pouch Disp-Heinz  | Tablespoon      | 1            | 15             | 45           | 3             | 0.0          | 4.0         | 0.00         |
| Mustard                    | Packet          | 1            | 4              | 94           | 0             | 0.23         | 0.46        | 0.01         |
| Salad Bar                  | 1/2 cup         | 1            | 347            | 392          | *34           | 7.0          | 68.45       | 2.83         |
| Carrots, Baby Ind. bags    | bag             | 1            | 35             | 65           | 5             | 1.0          | 8.0         | 0.00         |
| Raisins                    | 1/4 cup         | 1            | 125            | 4            | *N/A*         | 1.16         | 29.86       | 0.02         |
| Fruit, Canned - Assorted   | 1/2 cup         | 1            | 51             | 7            | 11            | 0.44         | 12.39       | 0.00         |
| FRUIT,FRESH ASSORTED       | 1 EACH          | 1            | 55             | 1            | *9            | 0.67         | 14.14       | 0.03         |
| Milk, 1% White             | carton          | 1            | 130            | 160          | 15            | 10.0         | 16.0        | 1.50         |
| Milk, Non Fat, White       | carton          | 1            | 90             | 130          | 13            | 9.0          | 13.0        | 0.00         |
| Milk, Lactaid Fat Free     | carton          | 1            | 90             | 125          | 12            | 8.0          | 13.0        | 0.00         |
|                            |                 |              |                |              |               |              |             |              |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.