

Menu subject to
change without notice.

**Sacramento City Unified School District
Preschool Menu: 1/6/2020 - 1/10/2020**

	Monday 1/6	Tuesday 1/7	Wednesday 1/8	Thursday 1/9	Friday 1/10
BREAKFAST	WG ItalianTrkySausageSquare(C) Canned Applesauce 1% Unflavored Milk	Whole Grain Cereal Fresh Sliced Apples 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Yogurt SIDE: WG Strawberry Granola Fresh Mandarin 1% Unflavored Milk	Whole Grain Cereal Canned Peaches 1% Unflavored Milk
LUNCH	WG Popcorn Chicken (C) Homestyle Ranch Dressing Vegetarian Beans Canned Pears 1% Unflavored Milk	Sweet & Sour Chicken (C) WG Hawaiian Brown Rice Steamed Broccoli Fresh Mandarin 1% Unflavored Milk	Carved Turkey Mashed Potatoes w/ Gravy WG Dinner Roll Canned Corn Sliced Apples Bites 1% Unflavored Milk	Wild Mike's Cheese Bites Marinara Sauce Carrot Coins Fresh Melon 1% Unflavored Milk	1/2 WG Turkey Ham&Cheese Sand String Cheese Mayonnaise, pkt Mustard, pkt Chopped Romaine Salad Homestyle Ranch Dressing Canned Fruit Mix 1% Unflavored Milk
SALAD BAR					
SNACK	WG Apple Cinn Bear Graham 1% Unflavored Milk	WG Cheddar Chex Mix Strawberry Kiwi Juice 4oz	Goldfish Colors Crackers Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

Menu Key

P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District
Preschool Menu: 1/13/2020 - 1/17/2020**

	Monday 1/13	Tuesday 1/14	Wednesday 1/15	Thursday 1/16	Friday 1/17
BREAKFAST	Chicken Sausage Patty on a WG Mini Bun Canned Fruit Mix 1% Unflavored Milk	WG Sausage&Gravy Brkfst Pizza Sliced Apples Bites 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Whole Grain Cereal Fresh Mandarin 1% Unflavored Milk	Egg Patty & Cheese on a Whole Grain Croissant Canned Pears 1% Unflavored Milk
LUNCH	WG Homestyle Chicken Strips Homestyle Ranch Dressing Vegetarian Beans Canned Applesauce 1% Unflavored Milk	ChickenTeriyaki WG Hawaiian Brown Rice Carrot Coins Fresh Mandarin 1% Unflavored Milk	WG Bean & Cheese Burrito (D,V) Canned Corn Sliced Apples Bites 1% Unflavored Milk	WG Cheese Pizza Green Beans Fresh Melon 1% Unflavored Milk	Rotini Pasta w/ Meatballs WG Dinner Roll Steamed Broccoli Canned Peaches 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	WG Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	WG Cheesy Cheese Puffs Strawberry Applesauce Cups	WG Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk
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**Sacramento City Unified School District
Preschool Menu: 1/20/2020 - 1/24/2020**

	Monday 1/20	Tuesday 1/21	Wednesday 1/22	Thursday 1/23	Friday 1/24
BREAKFAST	HOLIDAY	Whole Grain Cereal Sliced Apples Bites 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Yogurt SIDE: WG Strawberry Granola Fresh Mandarin 1% Unflavored Milk	Whole Grain Cereal Canned Peaches 1% Unflavored Milk
LUNCH	HOLIDAY	Sweet & Sour Chicken (C) WG Hawaiian Brown Rice Steamed Broccoli Fresh Mandarin 1% Unflavored Milk	Carved Turkey Mashed Potatoes w/ Gravy WG Dinner Roll Canned Corn Sliced Apples Bites 1% Unflavored Milk	Wild Mike's Cheese Bites Marinara Sauce Carrot Coins Fresh Melon 1% Unflavored Milk	1/2 WG Turkey Ham&Cheese Sand String Cheese Mayonnaise, pkt Mustard, pkt Chopped Romaine Salad Homestyle Ranch Dressing Canned Fruit Mix 1% Unflavored Milk
SALAD BAR					
SNACK	HOLIDAY	WG Cheddar Chex Mix Strawberry Kiwi Juice 4oz	Goldfish Colors Crackers Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

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**Sacramento City Unified School District
Preschool Menu: 1/27/2020 - 1/31/2020**

	Monday 1/27	Tuesday 1/28	Wednesday 1/29	Thursday 1/30	Friday 1/31
BREAKFAST	Chicken Sausage Patty on a WG Mini Bun Canned Fruit Mix 1% Unflavored Milk	WG Sausage&Gravy Brkfst Pizza Sliced Apples Bites 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Whole Grain Cereal Fresh Mandarin 1% Unflavored Milk	Egg Patty & Cheese on a Whole Grain Croissant Canned Pears 1% Unflavored Milk
LUNCH	WG Homestyle Chicken Strips Homestyle Ranch Dressing Vegetarian Beans Canned Applesauce 1% Unflavored Milk	ChickenTeriyaki WG Hawaiian Brown Rice Carrot Coins Fresh Mandarin 1% Unflavored Milk	WG Bean & Cheese Burrito (D,V) Canned Corn Sliced Apples Bites 1% Unflavored Milk	WG Cheese Pizza Green Beans Fresh Melon 1% Unflavored Milk	Rotini Pasta w/ Meatballs WG Dinner Roll Steamed Broccoli Canned Peaches 1% Unflavored Milk
SALAD BAR					
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	WG Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	WG Cheesy Cheese Puffs Strawberry Applesauce Cups	WG Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk
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