## Small high school breakfast menu

DEC. 2019

Available daily: assorted cereal bowls, variety of fruit, Orange juice, and Milk

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PROVIDER

## MONDAY

Egg n sausage sandwich on toasted English muffin

Crispitos

## TUESDAY

Breakfast Pizza

Fresh baked cinnamon roll

## WEDNESDAY

Egg n Ham Sandwich

Crispitos

## THURSDAY

Chicken sausage sliders

Freshly baked cinnamon roll

### FRIDAY

Egg n bacon breakfast bowl with tots

Freshly baked, locally produced Fat Cat Bakery Muffins

# Small high school lunch menu

DEC. 2019

Offered Daily: Salad bar with fresh fruit and carrots, variety of milk beverage

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Cheeseburger with crispy tots

Wild Mike's cheese or pepperoni pizza slice

Buffalo chicken wrap

Fruit & yogurt protein box

## MONDAY

Orange chicken with rice & steamed vegetables

Wild Mike's cheese or pepperoni pizza slice

Chicken Caesar Salad

Fruit and yogurt protein box

## TUESDAY

Corn dogs with crispy tots

Wild Mike's cheese or pepperoni pizza slice

> Spicy popcorn chicken bowl

> > Chef's Salad

Mediterranean wrap

Chicken Alfredo pasta

Wild Mike's cheese or pepperoni pizza slice

Spicy popcorn chicken bowl

Chef's salad

Mediterranean Wrap

Bean & cheese burrito(even Fridays)

> Hot Wings! (odd Fridays)

Wild Mike's cheese or pepperoni pizza slice

Chicken Caesar salad

Fruit & yogurt protein box