

High school breakfast menu

DEC 2019

Available daily:
assorted cereal bowls,
variety of fruit,
Orange juice, and Milk

SCUSD IS AN EQUAL OPPORTUNITY
PROVIDER

MONDAY

Egg n sausage
sandwich on toasted
English muffin

Fresh baked, locally
produced muffins
from Fat Cat Bakery

Crispitos

TUESDAY

Breakfast pizza

Crispitos

Freshly baked
cinnamon roll

WEDNESDAY

Ham & Egg sandwich

Crispitos

Fresh baked, locally
produced muffins
from Fat Cat Bakery

THURSDAY

Chicken sausage
sliders

Crispitos

Freshly baked
cinnamon roll

FRIDAY

New!
Breakfast Bowl
Eggs, tots & cheese

Crispitos

Fresh baked, locally
produced muffins
from Fat Cat Bakery

High school

LUNCH MENU

DEC. 2019

Offered Daily:
Condiment bar, fresh fruit
& veggies, variety of milk
beverage

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MONDAY

Orange chicken with
chow mein & steamed
vegetables

Wild Mike's
cheese or pepperoni pizza
slice

Chicken Caesar salad

Cheeseburger w/ crispy
potato wedges

Chili cheese nachos

Grilled chicken sandwich
with crispy potato wedges

TUESDAY

Sweet n sour chicken with
rice & steamed vegetables

Spicy chicken sandwich
w/ crispy tots

Spicy popcorn chicken bowl

Chef's salad

Fruit & yogurt protein box

Chicken Alfredo pasta

Grilled beef and bean
burrito

WEDNESDAY

Cheeseburger with crispy
potato wedges

Orange chicken with
chow mein & steamed
vegetables

Wild Mike's
cheese or pepperoni pizza
slice

Mediterranean wrap

Buffalo chicken wrap

Penne with meatballs and
spicy marinara

Grilled chicken sandwich
with crispy potato wedges

THURSDAY

Sweet n sour chicken with
rice & steamed vegetables

Spicy chicken sandwich
with crispy tots

Wild Mike's
cheese or pepperoni pizza
slice

Chef's salad

Fruit & yogurt protein box

Chicken Alfredo pasta

Grilled beef and bean
burrito

FRIDAY

Hot Wings! (odd Fridays)

Chile cheese nachos
(even Fridays)

Orange chicken with
chow mein & steamed
vegetables

Wild Mike's
cheese or pepperoni pizza
slice

Mediterranean wrap

Chicken Caesar salad

Grilled chicken sandwich
with potato wedges