Sacramento City Unified School District Preschool Menu: 12/2/2019 - 12/6/2019

	Monday 12/2	Tuesday 12/3	Wednesday 12/4		Thursday 12/5	Friday 12/6
BREAKFAST	Chicken Sausage Patty on a WG Mini Bun Canned Fruit Mix 1% Unflavored Milk	WG Sausage&Gravy Brkfst Pizza Sliced Apples Bites 1% Unflavored Milk	WG Crispito (C) Fresh Banana 1% Unflavored Milk		Whole Grain Cereal Fresh Orange 1% Unflavored Milk	Egg Patty & Cheese on a Whole Grain Croissant Canned Pears 1% Unflavored Milk
LUNCH	WG Homestyle Chicken Strips Homestyle Ranch Dressing Vegetarian Beans Canned Applesauce 1% Unflavored Milk	ChickenTeriyaki WG Hawaiian Brown Rice Carrot Coins Fresh Orange 1% Unflavored Milk	WG Bean & Cheese Burrito (D,V) Canned Corn Sliced Apples Bites 1% Unflavored Milk		WG Cheese Pizza Green Beans Fresh Banana 1% Unflavored Milk	Chicken Patty (C) on WG Bun Steamed Broccoli Canned Peaches 1% Unflavored Milk
SALAD BAR						
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	WG Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	WG Cheesy Cheese Puffs Strawberry Applesauce Cups		WG Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk
Menu Key D = Contains pork P = Contains pork D = Contains dairy B = Contains beef V = Vegetarian food item C = Contains chicken or turkey S = Fish or seafood N = Contains nuts S = Fish or seafood		V = Vegetarian food item		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		

Sacramento City Unified School District Preschool Menu: 12/9/2019 - 12/13/2019

	Monday 12/9	Tuesday 12/10	Wednesday 12/11	Thursday 12/12	Friday 12/13
BREAKFAST	WG ItalianTrkySausageSquare(C) Canned Applesauce 1% Unflavored Milk	Whole Grain Cereal Sliced Apples Bites 1% Unflavored Milk	WG Crispito (C) Fresh Banana 1% Unflavored Milk	Yogurt and WG Strawberry Granola Fresh Orange 1% Unflavored Milk	Whole Grain Cereal Canned Peaches 1% Unflavored Milk
LUNCH	WG Popcorn Chicken (C) Homestyle Ranch Dressing Vegetarian Beans Canned Pears 1% Unflavored Milk	Sweet & Sour Chicken (C) WG Hawaiian Brown Rice Steamed Broccoli Fresh Orange 1% Unflavored Milk	Carved Turkey Mashed Potatoes w/ Gravy WG Dinner Roll Canned Corn Sliced Apples Bites 1% Unflavored Milk	Wild Mike's Cheese Bites Marinara Sauce Carrot Coins Fresh Banana 1% Unflavored Milk	1/2 WG Turkey Ham&Cheese Sand String Cheese Mayonnaise, pkt Mustard, pkt Chopped Romaine Salad Homestyle Ranch Dressing Canned Fruit Mix 1% Unflavored Milk
SALAD BAR					
SNACK	WG Apple Cinn Bear Graham 1% Unflavored Milk	WG Cheddar Chex Mix Strawberry Kiwi Juice 4oz	WG Heartzel Pretzel Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk
P = (B = (C = (Menu Key D = Contains dairy P = Contains pork D = Contains dairy B = Contains beef V = Vegetarian food ite C = Contains chicken or turkey S = Fish or seafood N = Contains nuts S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the ba national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (bases apply to all programs). Persons with disabilities who require alternative means for communication of pr (Braille, large print, audicatae, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TD complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Indepe Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provide		tion, or marital or family status (not all prohibited means for communication of program information t (202) 720-2600 (voice and TDD). To file a 326-W, Whitten, 14th & Independence Ave. SW,

Sacramento City Unified School District Preschool Menu: 12/16/2019 - 12/20/2019

	Monday 12/16	Tuesday 12/17	Wednesday 12/18		Thursday 12/19	Friday 12/20
BREAKFAST	Chicken Sausage Patty on a WG Mini Bun Canned Fruit Mix 1% Unflavored Milk	WG Sausage&Gravy Brkfst Pizza Sliced Apples Bites 1% Unflavored Milk	WG Crispito (C) Fresh Banana 1% Unflavored Milk		Whole Grain Cereal Fresh Orange 1% Unflavored Milk	Egg Patty & Cheese on a Whole Grain Croissant Canned Pears 1% Unflavored Milk
LUNCH	WG Homestyle Chicken Strips Homestyle Ranch Dressing Vegetarian Beans Canned Applesauce 1% Unflavored Milk	ChickenTeriyaki WG Hawaiian Brown Rice Carrot Coins Fresh Orange 1% Unflavored Milk	WG Bean & Cheese Burrito (D,V) Canned Corn Sliced Apples Bites 1% Unflavored Milk		WG Cheese Pizza Green Beans Fresh Banana 1% Unflavored Milk	Chicken Patty (C) on WG Bun Steamed Broccoli Canned Peaches 1% Unflavored Milk
SALAD BAR						
SNACK	WG NatureValley Cinnamon Crisp 1% Unflavored Milk	WG Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	WG Cheesy Cheese Puffs Strawberry Applesauce Cups		WG Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk
P = 0 B = 0 C = 0	Menu Key P = Contains pork D = Contains dairy B = Contains beef V = Vegetarian food item C = Contains chicken or turkey S = Fish or seafood N = Contains nuts S = Fish or seafood			The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.		

Sacramento City Unified School District Preschool Menu: 12/23/2019 - 12/27/2019

	Monday 12/23	Tuesday 12/24	Wednes	day 12/25	Thursday 12/26	Friday 12/27
BREAKFAST	HOLIDAY	HOLIDAY	HOLIDAY		HOLIDAY	HOLIDAY
LUNCH	HOLIDAY	HOLIDAY	HOLIDAY		HOLIDAY	HOLIDAY
SALAD BAR						
SNACK	HOLIDAY	HOLIDAY	HOLIDAY		HOLIDAY	HOLIDAY
P = 0 B = 0 C = 0	Menu Key D = Contains dairy P = Contains pork D = Contains dairy B = Contains beef V = Vegetarian food item C = Contains chicken or turkey S = Fish or seafood N = Contains nuts S = Fish or seafood		The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.			