## Small high school breakfast menu

FALL 2019

Available daily: assorted cereal bowls, variety of fruit, Orange juice, and Milk

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WEDNESDAY

Egg n bacon croissant sandwich

Crispitos

### MONDAY

Egg n sausage sandwich on toasted English muffin

Crispitos

#### TUESDAY

Breakfast Pizza

Fresh baked cinnamon roll

#### THURSDAY

Chicken sausage sliders

Freshly baked cinnamon roll

#### FRIDAY

Egg n bacon breakfast bowl with tots

Freshly baked, locally produced Fat Cat
Bakery Muffins

# Small high school lunch menu

#### FALL 2019

Offered Daily: Salad bar with fresh fruit and carrots, chips on Wednesday, variety of milk beverage

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#### MONDAY

Orange chicken with rice & steamed vegetables

Personal Pizza: cheese or pepperoni

Turkey Club Wrap

Fruit and yogurt protein box

#### TUESDAY

Bacon cheese burger with crispy tots

Wild Mike's cheese or pepperoni pizza slice

Bean & cheese burrito

Chicken Caesar salad

Fruit & yogurt bistro box

#### WEDNESDAY

Spicy chicken sandwich with crispy tots

Personal Pizza: cheese or pepperoni

Korean BBQ chicken wrap

Fruit & yogurt protein box

#### THURSDA'

Chicken Alfredo

Wild Mike's cheese or pepperoni pizza slice

Bean & cheese burrito

Chicken Caesar salad

Fruit & yogurt protein box

#### FRIDAY

Carnitas bowl (even Fridays) Hot Wings! (odd Fridays)

Personal pizza: cheese or pepperoni

Korean BBQ chicken wrap

Fruit & yogurt protein box