

Sacramento City Unified School District

Nov 1, 2019 thru Nov 29, 2019

Base Menu Spreadsheet

Sm. High School Lun 2019-2020

Portion Values - Detailed

Page 1

Generated on: 10/31/2019 2:42:48 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2019			
Sm. High School Lun 2019-2	Total	1	
Carnitas Taco Bowl	Servings	1	38.5
Hot Wings	5 wings	1	60.98
Corn Bread	1 square	1	45.0
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			439.06
% of Calories			48.1%
Nutrient Guideline			

Mon - 11/04/2019			
Sm. High School Lun 2019-2	Total	1	
Orange Chicken w/ Rice	1 wok bowl each	1	48.99
Vegetables for Wok - 2018	1/2 cup	1	3.82
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Turkey Club Wrap	1 each	1	56.22
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% Lowfat	8 oz.	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			337.56
% of Calories			51.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/05/2019			
Sm. High School Lun 2019-2	Total	1	
Bacon Cheeseburger	1 each	1	49.24
Bean and Cheese Burrito	1 each	1	62.0
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			385.89
% of Calories			43.2%
Nutrient Guideline			

Wed - 11/06/2019			
Sm. High School Lun 2019-2	Total	1	
Spicy Chicken Sandwich	1 each	1	65.65
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			360.22
% of Calories			51.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/07/2019			
Sm. High School Lun 2019-2	Total	1	
Chicken Alfredo Pasta	servings	1	56.54
Bean and Cheese Burrito	1 each	1	62.0
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			393.19
% of Calories			43.9%
Nutrient Guideline			

Fri - 11/08/2019			
Sm. High School Lun 2019-2	Total	1	
Carnitas Taco Bowl	Servings	1	38.5
Hot Wings	5 wings	1	60.98
Corn Bread	1 square	1	45.0
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			439.06
% of Calories			48.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/11/2019			
Sm. High School Lun 2019-2	Total	1	
Orange Chicken w/ Rice	1 wok bowl each	1	48.99
Vegetables for Wok - 2018	1/2 cup	1	3.82
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Turkey Club Wrap	1 each	1	56.22
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% Lowfat	8 oz.	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			337.56
% of Calories			51.3%
Nutrient Guideline			

Tue - 11/12/2019			
Sm. High School Lun 2019-2	Total	1	
Bacon Cheeseburger	1 each	1	49.24
Bean and Cheese Burrito	1 each	1	62.0
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			385.89
% of Calories			43.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/13/2019			
Sm. High School Lun 2019-2	Total	1	
Spicy Chicken Sandwich	1 each	1	65.65
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			360.22
% of Calories			51.0%
Nutrient Guideline			

Thu - 11/14/2019			
Sm. High School Lun 2019-2	Total	1	
Chicken Alfredo Pasta	servings	1	56.54
Bean and Cheese Burrito	1 each	1	62.0
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			393.19
% of Calories			43.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/15/2019			
Sm. High School Lun 2019-2	Total	1	
Carnitas Taco Bowl	Servings	1	38.5
Hot Wings	5 wings	1	60.98
Corn Bread	1 square	1	45.0
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			439.06
% of Calories			48.1%
Nutrient Guideline			

Mon - 11/18/2019			
Sm. High School Lun 2019-2	Total	1	
Orange Chicken w/ Rice	1 wok bowl each	1	48.99
Vegetables for Wok - 2018	1/2 cup	1	3.82
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Turkey Club Wrap	1 each	1	56.22
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% Lowfat	8 oz.	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			337.56
% of Calories			51.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/19/2019			
Sm. High School Lun 2019-2	Total	1	
Bacon Cheeseburger	1 each	1	49.24
Bean and Cheese Burrito	1 each	1	62.0
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			385.89
% of Calories			43.2%
Nutrient Guideline			

Wed - 11/20/2019			
Sm. High School Lun 2019-2	Total	1	
Spicy Chicken Sandwich	1 each	1	65.65
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
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Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/21/2019			
Sm. High School Lun 2019-2	Total	1	
Chicken Alfredo Pasta	servings	1	56.54
Bean and Cheese Burrito	1 each	1	62.0
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
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Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			393.19
% of Calories			43.9%
Nutrient Guideline			

Fri - 11/22/2019			
Sm. High School Lun 2019-2	Total	1	
Carnitas Taco Bowl	Servings	1	38.5
Hot Wings	5 wings	1	60.98
Corn Bread	1 square	1	45.0
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	66.05
Protein box	1 each	1	61.0
Raisins	Box	1	29.0
Carrots, Baby Ind. bags	bag	1	8.0
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Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			439.06
% of Calories			48.1%
Nutrient Guideline			

Weighted Average			386.68
			47.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	386.68	47.18%						

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