

Sacramento City Unified School District

Nov 1, 2019 thru Nov 29, 2019

Base Menu Spreadsheet

Sm. High School Brk 2019-2020

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast bowl	1 bowl	1	31.25
Muffin (Fresh Baked) Fat Cat	muffin	1	113.24
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			300.76
% of Calories			62.7%
Nutrient Guideline			

Mon - 11/04/2019			
Sm. High School Brk 2019-2	Total	1	
English Muffin Egg/Sausage	Sandwich	1	29.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			211.12
% of Calories			63.9%
Nutrient Guideline			

Tue - 11/05/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast Pizza, Sausage	1 each	1	26.0
Cinnamon Roll	1 each	1	71.39
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			253.66
% of Calories			74.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Sm. High School Brk 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/06/2019			
Sm. High School Brk 2019-2	Total	1	
Croissant breakfast sandwich	Sandwich	1	32.83
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			214.95
% of Calories			56.9%
Nutrient Guideline			

Thu - 11/07/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast Chicken Slider	2 each	1	32.8
Cinnamon Roll	1 each	1	71.39
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			260.46
% of Calories			69.3%
Nutrient Guideline			

Fri - 11/08/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast bowl	1 bowl	1	31.25
Muffin (Fresh Baked) Fat Cat	muffin	1	113.24
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			300.76
% of Calories			62.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/11/2019			
Sm. High School Brk 2019-2	Total	1	
English Muffin Egg/Sausage	Sandwich	1	29.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			211.12
% of Calories			63.9%
Nutrient Guideline			

Tue - 11/12/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast Pizza, Sausage	1 each	1	26.0
Cinnamon Roll	1 each	1	71.39
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			253.66
% of Calories			74.7%
Nutrient Guideline			

Wed - 11/13/2019			
Sm. High School Brk 2019-2	Total	1	
Croissant breakfast sandwich	Sandwich	1	32.83
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			214.95
% of Calories			56.9%
Nutrient Guideline			

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Sm. High School Brk 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/14/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast Chicken Slider	2 each	1	32.8
Cinnamon Roll	1 each	1	71.39
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			260.46
% of Calories			69.3%
Nutrient Guideline			

Fri - 11/15/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast bowl	1 bowl	1	31.25
Muffin (Fresh Baked) Fat Cat	muffin	1	113.24
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			300.76
% of Calories			62.7%
Nutrient Guideline			

Mon - 11/18/2019			
Sm. High School Brk 2019-2	Total	1	
English Muffin Egg/Sausage	Sandwich	1	29.0
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			211.12
% of Calories			63.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/19/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast Pizza, Sausage	1 each	1	26.0
Cinnamon Roll	1 each	1	71.39
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			253.66
% of Calories			74.7%
Nutrient Guideline			

Wed - 11/20/2019			
Sm. High School Brk 2019-2	Total	1	
Croissant breakfast sandwich	Sandwich	1	32.83
Crispito (Secondary Breakfast)	1 each	1	25.85
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			214.95
% of Calories			56.9%
Nutrient Guideline			

Thu - 11/21/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast Chicken Slider	2 each	1	32.8
Cinnamon Roll	1 each	1	71.39
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			260.46
% of Calories			69.3%
Nutrient Guideline			

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Sm. High School Brk 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/22/2019			
Sm. High School Brk 2019-2	Total	1	
Breakfast bowl	1 bowl	1	31.25
Muffin (Fresh Baked) Fat Cat	muffin	1	113.24
Cereal, Assorted - Secondary	1 each	1	45.33
Orange Juice, frozen	1 each	1	13.41
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			300.76
% of Calories			62.7%
Nutrient Guideline			

Weighted Average			251.48
			65.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	251.48	65.02%						

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