Menu subject to change without notice.

Sacramento City Unified School District Preschool Menu: 11/4/2019 - 11/8/2019

	Monday 11/4	Tuesday 11/5 Wednesday 11/6		Thursday 11/7	Friday 11/8
BREAKFAST	Italian Turkey Sausage Square (WG,C) Canned Applesauce 1% Unflavored Milk	Chicken Sausage Sliders (WG, C) Fresh Mandarin 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Whole Grain Cereal Sliced Apples Bites 1% Unflavored Milk	Yogurt and WG Strawberry Granola Canned Fruit Mix 1% Unflavored Milk
LUNCH	WG Tyson Chicken Strips Ranch Dressing Vegetarian Beans Canned Pears 1% Unflavored Milk	WG Mac & Cheese (D, V) Green Beans Sliced Apples Bites 1% Unflavored Milk	1/2 WG Turkey Ham&Cheese Sand String Cheese Mayonnaise, pkt Mustard, pkt Chopped Romaine Salad Ranch Dressing Fresh Mandarin 1% Unflavored Milk	Cheeseburger on WG Bun Ketchup, pkt Mustard, pkt Tater Tots Fresh Melon 1% Unflavored Milk	WG Cheese Pizza Canned Peaches Carrot Coins 1% Unflavored Milk
SALAD BAR					
SNACK	WG Apple Cinn Bear Graham 1% Unflavored Milk	WG Cheddar Chex Mix Strawberry Kiwi Juice 4oz	WG Heartzel Pretzel Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

Menu Key

P = Contains pork

B = Contains beef

C = Contains chicken or turkey

N = Contains nuts

D = Contains dairy

V = Vegetarian food item

S = Fish or seafood

WG = Whole Grain

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Sacramento City Unified School District Preschool Menu: 11/11/2019 - 11/15/2019

	Monday 11/11	Tuesday 11/12	Wednesday 11/13	Thursday 11/14	Friday 11/15
BREAKFAST	HOLIDAY	Turkey Sausage Breakfast Pizza Fresh Mandarin 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Blended Smoothie Hard Boiled Egg Sliced Apples Bites 1% Unflavored Milk	Whole Grain Cereal Canned Pears 1% Unflavored Milk
LUNCH	HOLIDAY	WG Sunbutter Sandwich String Cheese Chopped Romaine Salad Homestyle Ranch Dressing Sliced Apples Bites 1% Unflavored Milk	WG Bean & Cheese Burrito (D,V) Canned Corn Fresh Mandarin 1% Unflavored Milk	WG Breaded Chicken Patty on WG Bun Vegetarian Beans Fresh Melon 1% Unflavored Milk	Mandarin Orange Chicken WG Hawaiian Brown Rice Steamed Broccoli Canned Fruit Mix 1% Unflavored Milk
SALAD BAR					
SNACK	HOLIDAY	WG Strawberry Chex Mix Paradise Veg&Fruit Juice 4oz	WG Cheesy Cheese Puffs Strawberry Applesauce Cups	WG Goldfish Pretzels Apple Juice 4oz	Animal Crackers 1% Unflavored Milk

Menu Key

P = Contains pork

B = Contains beef V =

C = Contains chicken or turkey

N = Contains nuts

D = Contains dairy

V = Vegetarian food item

S = Fish or seafood

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Sacramento City Unified School District Preschool Menu: 11/18/2019 - 11/22/2019

	Monday 11/18 Tuesday 11/19 Wednesday 11/20		Thursday 11/21	Friday 11/22	
BREAKFAST	WG Italian Turkey Sausage Square(WG, C) Canned Applesauce 1% Unflavored Milk	Chicken Sausage Sliders WG Fresh Mandarin 1% Unflavored Milk	WG Crispito (C) Fresh Melon 1% Unflavored Milk	Whole Grain Cereal Sliced Apples Bites 1% Unflavored Milk	Yogurt and WG Strawberry Granola Canned Fruit Mix 1% Unflavored Milk
LUNCH	WG Tyson Chicken Strips Ranch Dressing Vegetarian Beans Canned Pears 1% Unflavored Milk	1/2 WG Turkey Ham&Cheese Sand Mustard, pkt Mayonnaise, pkt String Cheese Chopped Romaine Salad Homestyle Ranch Dressing Sliced Apples Bites 1% Unflavored Milk	Carved Turkey Mashed Potatoes w/ Gravy Whole Grain Roll Hidden Rose Apples 1% Unflavored Milk	Cheeseburger on WG Bun Ketchup, pkt Mustard, pkt Tater Tots Fresh Melon 1% Unflavored Milk	WG Cheese Pizza Canned Peaches Carrot Coins 1% Unflavored Milk
SALAD BAR					
SNACK	WG Apple Cinn Bear Graham 1% Unflavored Milk	WG Cheddar Chex Mix Strawberry Kiwi Juice 4oz	WG Heartzel Pretzel Strawberry Applesauce Cups	Whole Grain Cheez-It Crackers Fruit Punch Juice 4oz	WG Honey Bunny Grahams 1% Unflavored Milk

Menu Key

P = Contains pork

B = Contains beef

C = Contains chicken or turkey

N = Contains nuts

D = Contains dairy

V = Vegetarian food item

S = Fish or seafood

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Sacramento City Unified School District Preschool Menu: 11/25/2019 - 11/29/2019

	Monday 11/25	Tuesday 11/26	Wednes	day 11/27	Thursday 11/28	Friday 11/29
BREAKFAST	HOLIDAY	HOLIDAY	HOLIDAY		HOLIDAY	HOLIDAY
LUNCH	HOLIDAY	HOLIDAY	HOLIDAY		HOLIDAY	HOLIDAY
SALAD BAR						
SNACK	HOLIDAY	HOLIDAY	HOLIDAY		HOLIDAY	HOLIDAY
Menu Key D = Contains dairy P = Contains pork D = Contains dairy B = Contains beef V = Vegetarian food item C = Contains chicken or turkey S = Fish or seafood N = Contains nuts			The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whiten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.			