Nov 1, 2019 thru Nov 29, 2019

High School Lun 2019-2020

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Portion Values - Detailed

Base Menu Spreadsheet

Page 1

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2019	Size	Q Ly	(9)
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1	67.95
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	71.37
Veggie Wrap	1 each	1	62.58
Orange Chicken w/ Chow Mein	1 wok bowl each	1	65.8
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chow Mein	1 cup	1	42.86
Chili Cheese Nachos	1 each	1 1	66.49
Hot Wings	5 wings	1	60.98
Carnitas Soft Tacos	2 tacos	1	34.96
Corn Bread	1 square	1	45.0
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit. Canned - Assorted	1/2 cup	1	12.39
FRUIT, FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			750.51
% of Calories			46.5%
Nutrient Guideline			

Mon - 11/04/2019			
High School Lun 2019-2020	Total	851	
Spicy Chicken Sandwich BTO	1 each	100	67.95
Personal Cheese Pizza	1 each	110	31.0
Personal Pepperoni Pizza	1 each	145	31.0
Turkey Club Wrap	1 each	64	56.22
Orange Chicken w/ Chow Mein	1 wok bowl each	207	65.8
Chili Cheese Nachos	1 each	100	66.49
BBQ Grill Burger	1 each	125	31.0
Condiment Bar	portion	100	24.14
House Salad	1 CUP	75	14.04
Raisins	Box	50	29.0
FRUIT, FRESH ASSORTED	1 EACH	851	14.14
Milk, 1% White	carton	500	16.0
Milk, Non Fat, White	carton	300	13.0
Milk, Lactaid Fat Free	carton	51	13.0
Carrots, Baby Ind. bags	bag	100	8.0
Weighted Daily Average			85.50
% of Calories			50.7%
Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Nov 1, 2019 thru Nov 29, 2019

Base Menu Spreadsheet Portion Values - Detailed

High School Lun 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/05/2019			(9)
High School Lun 2019-2020	Total	777	
Bacon Cheeseburger	1 each	175	49.24
Cheese Pizza	1 each	56	34.0
Pepperoni Pizza	1 each	56	33.0
Chicken Caesar Salad	Salad	60	41.12
Protein box	1 each	35	61.0
Teriyaki Chicken Rice bowl	1 each	175	48.89
Chicken Alfredo Pasta	servings	100	56.54
Carnitas Soft Tacos	2 tacos	120	34.96
Condiment Bar	portion	100	24.14
House Salad	1 CUP	75	14.04
FRUIT,FRESH ASSORTED	1 EACH	777	14.14
Raisins	Box	50	29.0
Milk, 1% White	carton	400	16.0
Milk, Non Fat, White	carton	300	13.0
Milk, Lactaid Fat Free	carton	77	13.0
Carrots, Baby Ind. bags	bag	100	8.0
Weighted Daily Average	7:		81.57
% of Calories			42.2%
Nutrient Guideline			

Wed - 11/06/2019			
High School Lun 2019-2020	Total	861	
Spicy Chicken Sandwich BTO	1 each	100	67.95
Personal Cheese Pizza	1 each	110	31.0
Personal Pepperoni Pizza	1 each	145	31.0
Korean BBQ Chicken Wrap	1 each	64	71.37
Veggie Wrap	1 each	10	62.58
Orange Chicken w/ Chow Mein	1 wok bowl each	207	65.8
Chili Cheese Nachos	1 each	100	66.49
BBQ Grill Burger	1 each	125	31.0
Condiment Bar	portion	100	24.14
House Salad	1 CUP	75	14.04
Raisins	Box	50	29.0
FRUIT,FRESH ASSORTED	1 EACH	851	14.14
Milk, 1% White	carton	500	16.0
Milk, Non Fat, White	carton	300	13.0
Milk, Lactaid Fat Free	carton	51	13.0
Carrots, Baby Ind. bags	bag	100	8.0
Weighted Daily Average			86.35
% of Calories			52.3%
Nutrient Guideline			

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High School Lun 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/07/2019			
High School Lun 2019-2020	Total	777	
Bacon Cheeseburger	1 each	175	49.24
Cheese Pizza	1 each	56	34.0
Pepperoni Pizza	1 each	56	33.0
Chicken Caesar Salad	Salad	60	41.12
Protein box	1 each	35	61.0
Teriyaki Chicken Rice bowl	1 each	175	48.89
Chicken Alfredo Pasta	servings	100	56.54
Carnitas Soft Tacos	2 tacos	120	34.96
Condiment Bar	portion	100	24.14
House Salad	1 CUP	75	14.04
FRUIT, FRESH ASSORTED	1 EACH	777	14.14
Raisins	Box	50	29.0
Milk, 1% White	carton	400	16.0
Milk, Non Fat, White	carton	300	13.0
Milk, Lactaid Fat Free	carton	77	13.0
Carrots, Baby Ind. bags	bag	100	8.0
Weighted Daily Average			81.57
% of Calories			42.2%
Nutrient Guideline			

Fri - 11/08/2019 High School Lun 2019-2020	Total	742	
Spicy Chicken Sandwich BTO	1 each	150	67.95
Personal Cheese Pizza	1 each	40	31.0
	1 each	60	31.0
Personal Pepperoni Pizza	1 each	37	71.37
Korean BBQ Chicken Wrap	1	10	62.58
Veggie Wrap	1 each		
Orange Chicken w/ Chow Mein	1 wok bowl each	100	65.8
Chili Cheese Nachos	1 each	20	66.49
Hot Wings	5 wings	250	60.98
BBQ Grill Burger	1 each	75	31.0
Condiment Bar	portion	100	24.14
House Salad	1 CUP	75	14.04
Raisins	Box	50	29.0
FRUIT, FRESH ASSORTED	1 EACH	851	14.14
Milk, 1% White	carton	500	16.0
Milk, Non Fat, White	carton	300	13.0
	carton	82	13.0
Milk, Lactaid Fat Free		100	8.0
Carrots, Baby Ind. bags	bag	100	
Weighted Daily Average		- 1	98.05
% of Calories			46.7%
		- 1	
Nutrient Guideline			

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Base Menu Spreadsheet

Portion Values - Detailed

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High School Lun 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/11/2019			- 2000
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1	67.95
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Turkey Club Wrap	1 each	1	56.22
Orange Chicken w/ Chow Mein	1 wok bowl each	1	65.8
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chow Mein	1 cup	1 1	42.86
Chili Cheese Nachos	1 each	1 1	66.49
BBQ Grill Burger	1 each	1 1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1 1	12.39
FRUIT, FRESH ASSORTED	1 EACH	1 1	14.14
Milk, 1% White	carton	1 1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1 1	13.0
Weighted Daily Average			536.84
% of Calories			45.8%
Nutrient Guideline			

Tue - 11/12/2019			
High School Lun 2019-2020	Total	1	
Bacon Cheeseburger	1 each	1	49.24
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Teriyaki Chicken Rice bowl	2141 each	1	104666
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chicken Alfredo Pasta	servings	1	56.54
Carnitas Soft Tacos	2 tacos	1	34.96
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
FRUIT, FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			105146
% of Calories			36.7%
Nutrient Guideline			

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High School Lun 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/13/2019			
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1	67.95
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	71.37
Veggie Wrap	1 each	1	62.58
Orange Chicken w/ Chow Mein	1 wok bowl each	1	65.8
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chow Mein	1 cup	1	42.86
Chili Cheese Nachos	1 each	1	66.49
Carnitas Soft Tacos	2 tacos	1	34.96
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT.FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			644.53
% of Calories			47.7%
Nutrient Guideline			

TI 44/44/2040			
Thu - 11/14/2019	Tabel	- 1	
High School Lun 2019-2020	Total		40.04
Bacon Cheeseburger	1 each	1	49.24
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1 1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Teriyaki Chicken Rice bowl	2141 each	1	104666
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chicken Alfredo Pasta	servings	1	56.54
Carnitas Soft Tacos	2 tacos	1	34.96
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
FRUIT, FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			105146
% of Calories			36.7%
/0 Of Calciles			
Nutrient Guideline			

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<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

Portion Values - Detailed

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High School Lun 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/15/2019		T = 0	(9/
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1 1	67.95
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1 1	71.37
Veggie Wrap	1 each	1	62.58
Orange Chicken w/ Chow Mein	1 wok bowl each	1 1	65.8
Vegetables for Wok - 2018	1/2 cup	1 1	3.82
Chow Mein	1 cup	1	42.86
Chili Cheese Nachos	1 each	1	66.49
Hot Wings	5 wings	1 1	60.98
Carnitas Soft Tacos	2 tacos	1	34.96
Corn Bread	1 square	1	45.0
BBQ Grill Burger	1 each	1 1	31.0
Condiment Bar	portion	1 1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			750.51
% of Calories			46.5%
Nutrient Guideline			

Mon - 11/18/2019			
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1	67.95
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Turkey Club Wrap	1 each	1	56.22
Orange Chicken w/ Chow Mein	1 wok bowl each	1	65.8
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chow Mein	1 cup	1	42.86
Chili Cheese Nachos	1 each	1	66.49
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT, FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			536.84
% of Calories			45.8%
Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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High School Lun 2019-2020

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Base Menu Spreadsheet Portion Values - Detailed

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	Portion	Reimb	Carb
	Size	Qty	(g)
Tue - 11/19/2019		1	
High School Lun 2019-2020	Total	1	40.04
Bacon Cheeseburger	1 each	1	49.24
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Teriyaki Chicken Rice bowl	2141 each	1	104666
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chicken Alfredo Pasta	servings	1	56.54
Carnitas Soft Tacos	2 tacos	1	34.96
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
FRUIT.FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk. Lactaid Fat Free	carton	1 1	13.0
Weighted Daily Average	Garton	<u> </u>	105146
			36.7%
% of Calories			33.770
Nutrient Guideline			

Wed - 11/20/2019			
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1	67.95
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	71.37
Veggie Wrap	1 each	1	62.58
Orange Chicken w/ Chow Mein	1 wok bowl each	1	65.8
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chow Mein	1 cup	1	42.86
Chili Cheese Nachos	1 each	1	66.49
Carnitas Soft Tacos	2 tacos	1	34.96
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			644.53
% of Calories			47.7%
Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Nov 1, 2019 thru Nov 29, 2019

Base Menu Spreadsheet

High School Lun 2019-2020

Portion Values - Detailed Page 8

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/21/2019			13/
High School Lun 2019-2020	Total	1	
Bacon Cheeseburger	1 each	1	49.24
Cheese Pizza	1 each	1	34.0
Pepperoni Pizza	1 each	1	33.0
Chicken Caesar Salad	Salad	1	41.12
Protein box	1 each	1	61.0
Teriyaki Chicken Rice bowl	2141 each	1	104666
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chicken Alfredo Pasta	servings	1	56.54
Carnitas Soft Tacos	2 tacos	1	34.96
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			105146
% of Calories			36.7%
Nutrient Guideline			

Fri - 11/22/2019			
High School Lun 2019-2020	Total	1	
Spicy Chicken Sandwich BTO	1 each	1	67.95
Personal Cheese Pizza	1 each	1	31.0
Personal Pepperoni Pizza	1 each	1	31.0
Korean BBQ Chicken Wrap	1 each	1	71.37
Veggie Wrap	1 each	1	62.58
Orange Chicken w/ Chow Mein	1 wok bowl each	1	65.8
Vegetables for Wok - 2018	1/2 cup	1	3.82
Chow Mein	1 cup	1	42.86
Chili Cheese Nachos	1 each	1	66.49
Hot Wings	5 wings	1	60.98
Carnitas Soft Tacos	2 tacos	1	34.96
Corn Bread	1 square	1	45.0
BBQ Grill Burger	1 each	1	31.0
Condiment Bar	portion	1	24.14
House Salad	1 CUP	1	14.04
Raisins	Box	1	29.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			750.51
% of Calories			46.5%
Nutrient Guideline			

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet Portion Values - Detailed

High School Lun 2019-2020

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	Portion Size	Reimb Qty	Carb (g)
Weighted Average			26602.
			36.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	26602.05	36.81%						

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