

Sacramento City Unified School District

Nov 1, 2019 thru Nov 29, 2019

Base Menu Spreadsheet

K-8 Lunch 2019-2020

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2019			
K-8 Lunch 2019-2020	Total	1	
Orange Chicken (Ling's)	1/2 cup	1	19.13
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Rice, Old Style Hawaiian(ELEM)	1/2 cup	1	13.02
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			195.68
% of Calories			48.7%
Nutrient Guideline			

Mon - 11/04/2019			
K-8 Lunch 2019-2020	Total	1	
Chicken Strip,Tyson-Elementary	3 strips	1	16.0
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Mini Flame Roasted Potatoes	1/2 cup serving	1	17.22
Ketchup, Pouch Disp-Heinz	Tablespoon	1	4.0
Mustard, Pouch Disp-Heinz	1/2 Tablespoon	1	0.0
BBQ Sauce	Tablespoon	1	3.5
Ranch Dressing	1 each	1	3.5
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			207.75
% of Calories			45.1%
Nutrient Guideline			

Tue - 11/05/2019			
K-8 Lunch 2019-2020	Total	1	
Mac & Cheese WG (E.S. Foods)	6 oz servings	1	37.33
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			200.86
% of Calories			45.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/06/2019			
K-8 Lunch 2019-2020	Total	1	
Carnitas Taco Bowl	Servings	1	38.5
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Tapatio Sauce	1 packet	1	0.0
Refried Beans - Casa Solana	servings	1	8.24
Pico de Gallo	servings	1	2.46
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk non-fat white	8 oz	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			212.73
% of Calories			44.4%
Nutrient Guideline			

Thu - 11/07/2019			
K-8 Lunch 2019-2020	Total	1	
Cheeseburger	1 each	1	45.96
Tater Tots	8 pieces	1	15.96
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Ketchup, Pouch Disp-Heinz	Tablespoon	1	4.0
Mustard, Pouch Disp-Heinz	1/2 Tablespoon	1	0.0
BBQ Sauce	Tablespoon	1	3.5
Ranch Dressing	1 each	1	3.5
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			236.44
% of Calories			44.8%
Nutrient Guideline			

Fri - 11/08/2019			
K-8 Lunch 2019-2020	Total	1	
Pizza, Cheese (Wild Mike's)	Slice	1	34.0
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			230.53
% of Calories			43.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/12/2019			
K-8 Lunch 2019-2020	Total	1	
Corn Dog, Chicken, Foster Farm	1 each	1	30.0
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Ketchup, Pouch Disp-Heinz	Tablespoon	1	4.0
Mustard, Pouch Disp-Heinz	1/2 Tablespoon	1	0.0
BBQ Sauce	Tablespoon	1	3.5
Tater Tots	8 pieces	1	15.96
Carrots, Baby Ind. bags	bag	1	8.0
Fruit, Canned - Assorted	1/2 cup	1	12.39
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			224.98
% of Calories			49.2%
Nutrient Guideline			

Wed - 11/13/2019			
K-8 Lunch 2019-2020	Total	1	
Crunchy Taco, Beef	1 each	1	14.48
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Tapatio Sauce	1 packet	1	0.0
Refried Beans - Casa Solana	servings	1	8.24
Chips, Tortilla - Snack King	bag	1	31.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Pico de Gallo	servings	1	2.46
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			219.71
% of Calories			44.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/14/2019			
K-8 Lunch 2019-2020	Total	1	
Chicken Patty on a Bun	1 sandwich	1	40.0
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Vegetarian Beans, Baked-USDA	1/2 cup	1	0.91
Ketchup, Pouch Disp-Heinz	Tablespoon	1	4.0
Mustard, Pouch Disp-Heinz	1/2 Tablespoon	1	0.0
BBQ Sauce	Tablespoon	1	3.5
Ranch Dressing	1 each	1	3.5
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			215.44
% of Calories			47.7%
Nutrient Guideline			

Fri - 11/15/2019			
K-8 Lunch 2019-2020	Total	1	
Orange Chicken (Ling's)	1/2 cup	1	19.13
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Rice, Old Style Hawaiian(ELEM)	1/2 cup	1	13.02
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			195.68
% of Calories			48.7%
Nutrient Guideline			

Mon - 11/18/2019			
K-8 Lunch 2019-2020	Total	1	
Chicken Strip,Tyson-Elementary	3 strips	1	16.0
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Mini Flame Roasted Potatoes	1/2 cup serving	1	17.22
Ketchup, Pouch Disp-Heinz	Tablespoon	1	4.0
Mustard, Pouch Disp-Heinz	1/2 Tablespoon	1	0.0
BBQ Sauce	Tablespoon	1	3.5
Ranch Dressing	1 each	1	3.5
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			207.75
% of Calories			45.1%
Nutrient Guideline			

Tue - 11/19/2019			
K-8 Lunch 2019-2020	Total	1	
Mac & Cheese WG (E.S. Foods)	6 oz servings	1	37.33
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			200.86
% of Calories			45.1%
Nutrient Guideline			

Wed - 11/20/2019			
K-8 Lunch 2019-2020	Total	1	
Sliced Turkey Breast	2 slices	1	1.98
Roasted Potatoes & Asparagus	1/2 cup	1	13.34
Caesar Salad (FEAST)	1 Cup	1	6.32
Muffin, WG Sweet Potato Oat	muffin	1	46.1
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk non-fat white	8 oz	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			231.27
% of Calories			46.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/21/2019			
K-8 Lunch 2019-2020	Total	1	
Cheeseburger	1 each	1	45.96
Tater Tots	8 pieces	1	15.96
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
Ketchup, Pouch Disp-Heinz	Tablespoon	1	4.0
Mustard, Pouch Disp-Heinz	1/2 Tablespoon	1	0.0
BBQ Sauce	Tablespoon	1	3.5
Ranch Dressing	1 each	1	3.5
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			236.44
% of Calories			44.8%
Nutrient Guideline			

Fri - 11/22/2019			
K-8 Lunch 2019-2020	Total	1	
Pizza, Cheese (Wild Mike's)	Slice	1	34.0
Pizza, Pepperoni (Wild Mike's)	Slice	1	33.0
Sunbutter Sandwich Meal	Meal	1	48.0
Sunbutter Sand. Meal (Straw.)	Meal	1	47.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			230.53
% of Calories			43.4%
Nutrient Guideline			

Weighted Average			216.44
			45.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	216.44	45.66%						

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