

# Sacramento City Unified School District

Nov 1, 2019 thru Nov 29, 2019

Base Menu Spreadsheet

K-8 Breakfast 2019-2020

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2019			
K-8 Breakfast 2019-2020	Total	1	
Egg & Cheese Croissant	Sandwich	1	30.83
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			181.27
% of Calories			66.2%
Nutrient Guideline			

Mon - 11/04/2019			
K-8 Breakfast 2019-2020	Total	1	
Breakfast Pizza,Turkey Sausage	1 each	1	26.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			176.44
% of Calories			70.8%
Nutrient Guideline			

Tue - 11/05/2019			
K-8 Breakfast 2019-2020	Total	1	
Chicken Sausage Brkfst Sndwich	Sandwich	1	15.4
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			152.43
% of Calories			69.7%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/06/2019			
K-8 Breakfast 2019-2020	Total	1	
Crispito	1 each	1	23.0
Salsa	1/4 cup	1	8.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			181.44
% of Calories			66.1%
Nutrient Guideline			

Thu - 11/07/2019			
K-8 Breakfast 2019-2020	Total	1	
Eggstravaganza	serving	1	1.25
Turkey Bacon	Servings	1	0.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			138.28
% of Calories			60.0%
Nutrient Guideline			

Fri - 11/08/2019			
K-8 Breakfast 2019-2020	Total	1	
Yogurt and Granola, Strawberry	1 each	1	46.45
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			199.89
% of Calories			74.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/11/2019			
K-8 Breakfast 2019-2020	Total	1	
Pancake Pups - Don Lee	1 each	1	22.0
Syrup (all menus)	packet	1	20.15
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			170.09
% of Calories			72.0%
Nutrient Guideline			

Tue - 11/12/2019			
K-8 Breakfast 2019-2020	Total	1	
Breakfast Pizza, Sausage&Gravy	1 each	1	25.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			162.03
% of Calories			68.9%
Nutrient Guideline			

Wed - 11/13/2019			
K-8 Breakfast 2019-2020	Total	1	
Crispito	1 each	1	23.0
Salsa	1/4 cup	1	8.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			181.44
% of Calories			66.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/14/2019			
K-8 Breakfast 2019-2020	Total	1	
Smoothie, Orange	1 cup	1	31.63
Egg, Hard Boiled	1 each	1	1.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			169.66
% of Calories			72.2%
Nutrient Guideline			

Fri - 11/15/2019			
K-8 Breakfast 2019-2020	Total	1	
Egg & Cheese Croissant	Sandwich	1	30.83
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			181.27
% of Calories			66.2%
Nutrient Guideline			

Mon - 11/18/2019			
K-8 Breakfast 2019-2020	Total	1	
Breakfast Pizza,Turkey Sausage	1 each	1	26.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			176.44
% of Calories			70.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/19/2019			
K-8 Breakfast 2019-2020	Total	1	
Chicken Sausage Brkfst Sndwich	Sandwich	1	15.4
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			152.43
% of Calories			69.7%
Nutrient Guideline			

Wed - 11/20/2019			
K-8 Breakfast 2019-2020	Total	1	
Crispito	1 each	1	23.0
Salsa	1/4 cup	1	8.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			181.44
% of Calories			66.1%
Nutrient Guideline			

Thu - 11/21/2019			
K-8 Breakfast 2019-2020	Total	1	
Eggstravaganza	serving	1	1.25
Turkey Bacon	Servings	1	0.0
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Raisins	Box	1	29.0
Milk, 1% White	carton	1	16.0
Milk, Non Fat, White	carton	1	13.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			138.28
% of Calories			60.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/22/2019			
K-8 Breakfast 2019-2020	Total	1	
Yogurt and Granola, Strawberry	1 each	1	46.45
Cereal, Assorted - Elementary	Bowlpak	1	22.5
Graham Cracker - Keebler	1 each	1	17.0
Raisins	Box	1	29.0
FRUIT,FRESH ASSORTED	1 EACH	1	14.14
Fruit, Canned - Assorted	1/2 cup	1	12.39
Orange Juice, frozen	1 each	1	13.41
Milk, 1% White	carton	1	16.0
Milk, 1% White	carton	1	16.0
Milk, Lactaid Fat Free	carton	1	13.0
Weighted Daily Average			199.89
% of Calories			74.6%
Nutrient Guideline			

Weighted Average			171.42
			68.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	171.42	68.40%						

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